

EST Sewsletter



WEDNESDAY, 30 APRIL 202 VOLUME 19, ISSUE 208

INSIDE THIS ISSUE:

"	421DE 1H12 122	UE.
•	EST Newbuilding Pro- gram: Delivery and Sailing of M/T Energy Dione	1-2
•	Photo Competition 2025 and the Winner is	3
•	Guide2Inspections App: Enhancing Standards of Inspec- tions and Training	4
•	GoGreen Plus Certificate 2024	5
•	What's New in the QHSEMS?	6
•	"Near Miss Reward- ing" Program	7
•	Best Practice Re- ceived by MT Energy Delos	8
•	Positive Observations During Sire 2.0 Inspec- tions Across our Fleet	9
•	Easter Sunday Onboard M/V Taurus	10
•	Energy Artemis: Show- casing Onboard Teamwork and Positivi- ty	11
•	Promoting Safety On Board - STAY SAFE	12-13
•	Ships with Zero PSC Deficiencies	14
•	Important reminder	14
•	Risk4Sea : EST Among the Top 10 PSC Per- formers	15
•	Spot the Differences & Fun Facts	16
•	News / Sports	17-19
•	Vessels Under EST	20

Management

EST'S DRUG AND ALCOHOL POLICY - ZERO TOLERANCE

The possession, consumption, trafficking and sale of alcohol and/or drug substances aboard is strictly prohibited during the seafarers' employment agreement. All Company's seafarers are subject to testing and screening for drugs and alcohol abuse. The Master has the authority to carry out an alcohol test whenever he suspects that a seafarer is under alcohol influence.

Any seafarer not complying with the Company's D &A Policy shall be immediately dismissed and will be considered non-rehireable.

EST Newbuilding Program: Delivery and Sailing of M/T Energy Dione



n 10th March 2025, Enterprises Shipping & Trading S.A. celebrated the delivery of yet another Suezmax Tanker vessel.

The 157,000+ DWT crude oil tanker, M/T Energy Dione (Hull #5096) was successfully delivered to her new owners at Daehan Shipbuilding Shipyards at Mokpo, South Korea. Once more, all parties involved cooperated seamlessly achieving a successful delivery.

Following the delivery, M/T Energy Dione embarked on her maiden voyage, setting

sail under the command of Captain Vitaly Chernega and his capable officers and crew.

Looking ahead, our fleet expansion continues with the upcoming delivery of M/T Energy Delphi, expected in December 2026.

Please join us in welcoming M/T Energy Dione to our fleet and in wishing her Captain and crew fair winds and prosperous voyages!

Continue in page 2

EST's fleet

Page 20

News/sports

Pages 17-19

EST News Pages 1-7 Pages 8-11 Pages 12-15 Environmental Legal Industry Security & Cyber Health/Fitness Recreation Pages 16

continued from page1 "EST Newbuilding Program: Delivery and Sailing of M/T Energy Dione"

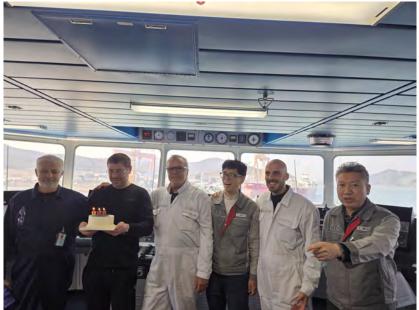












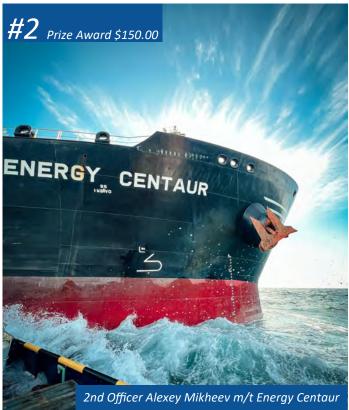
Photo Competition 2025 and the Winner is...

e would like to thank all our crew for participating in the photo competition 2025 and we are pleased to share with you the five "Best Photographs" that won!

As you may recall, the competition was launched during January and the criteria for selecting the best photograph was a full view of the vessel's hull as well as creativity and originality.

Congratulations to the Winners!













Guide2Inspections App: Enhancing Standards of Inspections and Training

ST S.A. is proud to introduce the Guide2In-spectionsTM app as part of company's commitment to continuous improvement, aiming to streamline onboard inspections and compliance verification, while at the same time upgrading crew competency.

This user-friendly app has been pre-installed by the office on two intrinsically safe devices - one smartphone and one tablet - and are being distributed to all vessels across the fleet. As most ships have already received them, live testing is currently in progress. The Guide2Inspections app will be used to enhance the standards of self-assessments, inspections, and onboard training, supporting vessel preparation for Port State Control, SIRE 2.0 and RightShip inspections.

The app empowers each rank to take ownership of their assigned areas through a structured self-inspection process guided by reference photos, short videos and clear notes.

This not only helps in identifying and addressing potential non-conformities, but also distributes responsibility and strengthens crew knowledge.

Key benefits include:

- ✓ Real-time guidance during inspections via offline videos and image references.
- Efficient workload distribution through a rankbased inspection matrix.
- ✓ Thorough familiarization for new joiners.
- Improved defect tracking and follow-up, thanks to integrated reporting and photo documentation.

Detailed instructions on the use of the app and the expectations for its implementation will shortly be provided. These will include guidance on the onboarding process, conducting inspections, syncing and submitting reports for backend verification.

Masters are kindly requested to ensure that the ini-

tial onboarding process is completed and inspections are carried out as per the instructions provided. Detailed reports should be synced and will thereafter be available for review at the Admin Panel.

We thank all vessels for their active participation and encourage feedback from users to help us further tailor the app to company's needs. Together, with the help of this new tool, we are taking a practical step forward in inspection preparedness and operational excellence.





EST Renews Commitment to Green Logistics: GoGreen Plus Certificate 2024

e are pleased to announce the continuation of our partnership with DHL, as part of our ongoing efforts to reduce our carbon footprint and address Scope 3 emissions across our operations.

In recognition of our shared commitment to sustainable logistics, Mr. George Sarris, President of EST, proudly accepted the GoGreen Plus Certificate for 2024. This milestone reflects our dedication to responsible business practices and our active role in supporting the global transition to low-emission transportation solutions.

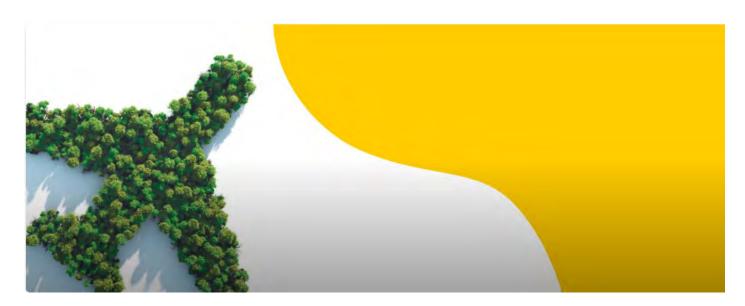
Our collaboration with DHL began in 2023 and focuses on tackling Scope 3 emissions—those indirect greenhouse gas emissions that occur throughout the value chain, especially during transportation and distribution. DHL's GoGreen Plus service plays a key role in this initiative.



Left to right: Ms. Bella Polits / Forwarding Manager, Mr. George Sarris / President, Mr. Mihalis Pagomenos / Sales & Marketing Director and Ms. Despina Nikolaou / Major Accounts Executive, DHL Express (Hellas) SA

By continuing this strategic alliance, EST reaffirms its commitment to integrating sustainability into every level of our business. Together with DHL, we are making meaningful strides in our environmental performance and contributing to a cleaner, greener future for the shipping and logistics industry.





What's New in the QHSEMS?

Tankers OHSEMS (Revisions)

- 1. PM Chapter 03 Organization-v.o.8
- 2. WIM Part II Section B Permit System
- 3. WIM Part III Section B Navigation-v.o.20
- WIM Part IV Section A_SHOREBASED Contingency Planning 1.
 -v.015
- 5. ESTSA 113 Enclosed Space Entry Permit-v.1.3
- 6. Tankers Forms Index -v.o.17
- 7. ESTSA 409 Running Hours Report-v.o.3
- 8. Environmental Managernent Manual Section A EMS-v.o.6

Tankers OHSEMS (New Uploads)

- VRP approval (Energy Dione)
- SEEMP Part II (Energy Delos & Energy Dione)
- 3. SEEMP Part III (Energy Delos & Energy Dione)
- 4. CCP-Core
- 5. CCP-Cover Pages
- 6. CCP-Appendix I-Energy Dione
- 7. ESTSA 673A Appeal to disciplinary Hearing

Bulkers QHSEMS (Revisions)

- 1. PM Chapter 3_ Organization-v.o.8
- FORM 57a Regular Inspection and Maintenance of Loose Gear-v.o.3
- 3. FORM 93 Forms List for Dry Cargo Vessels-v.0.12
- FORM 1120a_b Officers_Crew Training Report_Programv.1.0
- 5. FORM 1142 Boat Drill Record-v.o.4
- 6. FORM 1161 Bridge Check List_6 Navigation_Coastal Waters-v.0.3
- FORM 1164 Bridge Check List_9 Navigation In Restricted Visibility-v.o.2
- 8. FORM 1165 Bridge Check List_10 Navigating In Heavy Weather-v.o.2
- FORM 1167 Bridge Check List_12 Changing Over The Watchv.o.5
- 10. FORM 1171 Ship to Shore Master_Pilot Information Exchange-v.o.4
- 11. FORM 1172 Shore to Ship Pilot Master Exchange-v.o.3
- 12. FORM 1203 Cleaning Plans Record-v.o.3
- Form 1268 Bridge Navigational Equipment Daily Tests and Checks-v.o.3
- 14. FORMS MANUAL INDEX-v.0.12
- 15. WIM Section G Shorebased Contingency Plan-v.o.11
- 16. Bulkers Operations Manual-v.o.13
- 17. MLC TRAINING MANUAL_BULKERS-v.o.10

18. Technical Circular 65 Engine Filing System-v.o.5

EST News

19. Technical Circular-Circular 70-v.0.2

Bulkers QHSEMS (New Uploads)

1. FORM 1270 Thermometer Calibration Log-v.o.1

Crew Management Manual

- 1. Ch 2 GENERAL STRUCTURE-v.o.2
- 2. Ch 3 PG 4 SEA-v.o.2
- 3. Ch 3_PG 5 Crew Requirements List-v.o.2
- 4. Ch 3_PG 9 Crew Training_Familiarization_Officer Seminars-v.o.2
- 5. Ch 3_PG 21 Disciplinary Rules and Procedures-v.o.2

Office QHSEMS (Revisions)

- 1. ESTSA 901 ERT Key Actions in the Event of a Crisis-v.o.5
- 2. ESTSA 910 Employees Self Assessment Questionnaire-v.o.2
- 3. QHSE Office Job Descriptions-v.o.12

Office QHSEMS (New Uploads)

- 1. ESTSA 993 Employees Satisfaction Questionnaire
- 2. ESTSA 994 Mariners Satisfaction Questionnaire

Management Reviev

1. Management Review_2024_Final

Safety Awareness Handbool

- 1. QHSE Alert 01_25_RightShip Inspection at Praia Mole on 27
 December 2024
- 2. QHSE Alert 02_25_Mooring Line Lodged Under Fender
- 3. QHSE Alert 03_25_RightShip Inspection at Rizhao China on og February 2025
- 4. QHSE Alerts Inventory
- 5. LPS Bulletin Summary of Oil and Soot Released Overboard Incidents 02.2025
- 6. LPS Bulletin Navigational Near Miss 03.2025
- 7. LPS Bulletin Oil Leak Overboard Via Rudder Trunk Space Incident 04.2025
- 8. Safety Update_Issue 1_2025
- 9. Safety Update Inventory

GMS Client Advisories

- 1. GMS-Arrivals-Checklist-Non-Tank-26-Feb-2025
- 2. GMS-Arrivals-Checklist-Non-Tank-26-Feb-2025-Change-Items
- 3. GMS-Arrivals-Checklist-Tanker-26-Feb-2025
 - 4. GMS-Arrivals-Checklist-Tanker-26-Feb-2025-Change-Items

We take this opportunity to remind you that any feedback, suggestions for revisions or QHSEMS improvement are more than welcome and can be submitted to the QHSE department through a DCR (Nav-Dynamics DM Library New Change Request) or via the Master's Review.





"Near Miss Rewarding" Program

e are pleased to announce the seafarers entitled to \$100.00 reward this month.

Key to this is to reward, diligent crew members who contribute in a responsible manner to their own safety and that of their fellow workers.

- MT Energy Ariadne, Second Officer Ruslan Ponomarev
- MV Jaguar Max, Third Officer Roeml Vincent Fadrigo
- MV Panther Max, Cadets De leon, Julius Armand





UNSAFE CONDITION



Hazard:

ODME USB port was found unsecured.

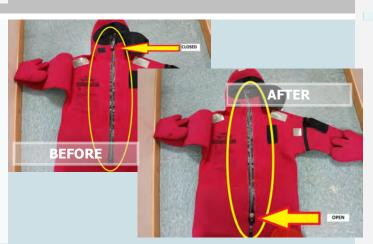
Risk:

Risk of unauthorized access, data loss, or malware infection.

Correction:

USB port secured with a cyber plug.

UNSAFE CONDITION



Hazard:

Immersion suit found with the zipper closed.

Risk:

Delay in donning during emergencies or PSC inspections

Best Practice:

Zippers should remain open for quick access and readiness





Hazard:

Winch wire identified torn during cargo hold cleaning

Risk:

Potential crew injury, or equipment damage.

Correction:

Work halted, wire replaced, crew were reminded to inspect lifting gear before use.

Best Practice Received by m/t Energy Delos



Lockout / Tag-out Inventory Parts Bridge Place



Engine Place



e would like to thank the 2nd
Engineer of mt Energy Delos,
Alexey Moskalenko for providing us this Best Practice.

At EST SA, we understand the significance of implementing Best Practices and firmly believe in the power of sharing knowledge and experiences within our fleet. As such, we kindly request you to share the Best Practice you are implementing onboard through our Near Miss software. This will enable us to disseminate your insights to the rest of the fleet, allowing them to benefit from your expertise and contribute to further enhancing our safety standards. Furthermore, we would like to remind you that EST S.A. rewards the four most meaninaful near misses, best practices, or ideas every month. Your contribution may have a significant impact and be recognized as one of the most valuable submissions.

Failure to properly lock out or tag out equipment before maintenance presents a significant risk of injury or even fatality.

To proactively address this hazard, the crew aboard **MT Energy Delos** took the initiative to compile a comprehensive visual inventory of all Lockout/Tagout (LOTO) equipment on board.

This inventory details the types and quantities of LOTO devices located both on the Bridge and in the Engine Room, ensuring that all equipment is well-organized and readily accessible when needed. By converting this information into a visual reference tool, the crew has enhanced situational awareness, minimized response times, and reinforced safe isolation procedures.

This initiative not only strengthens onboard safety practices but also fosters a culture of preparedness, compliance, and continuous improvement across the vessel.



Positive Observations During Sire 2.0 Inspections Across our Fleet



e are proud to share the results of recent SIRE inspections across several vessels in our fleet, where crew members were commended for their exceptional knowledge and adherence to safety and operational procedures.

- * M/T Energy Afrodite UNIPEC SIRE Inspection: Chief Officer Nikolay Belokonov was praised for his expertise in the company's enclosed space entry procedures. The SIRE Inspector noted his confident demonstration of pre-entry checks, toolbox meetings, risk assessments, and delegating responsibility in a professional manner.
- * M/T Energy Dione HRC SIRE Inspection: Cook Andrei Rudomakha and Messman Nikita Riakhin were recognized for their thorough understanding of fire-fighting aids and onboard safety procedures in the galley.
- * M/T Energy Triumph UNIPEC SIRE Inspection: Second Officer Vladimir Nifanov was commended for his knowledge of the ECDIS system, demonstrating strong familiarity with company procedures and industry best practices.
- * M/T Energy Achilles P66 SIRE: Second Navigation Officer Vadim Zhilyakov was acknowledged for his solid grasp of set and drift calculation methodology, with regards to the vessel's specific characteristics, demonstrating familiarity with the OCIMF publication Peril at Sea and Salvage.

These recognitions reflect the ongoing commitment to safety and operational excellence demonstrated by our crew members across the fleet. It's a reminder of the impact each crewmember's commitment to safety can have on the success of our operations.

Under the new SIRE 2.0 regime, "positive observations" serve as a reminder for all crewmembers to continue to adhere to and promote their safety practices.

Easter Sunday Onboard M/V Taurus

e would like to thank Capt. Ramel C. Sugon, the Officers and Crew of MV Taurus for sharing with us the photos taken during the Easter celebration onboard!













PAGE 11

Energy Artemis: Showcasing Onboard Teamwork and Positivity

e are happy share a cheerful moment from the M/T Energy Artemis, highlighting the positive spirit and teamwork of the crew.

It is through our crewmembers' team efforts and the strong sense of unity that we continue to ensure smooth operations and safe voyages. A big thank you to the crew of Energy Artemis for exemplifying the spirit that makes our fleet exceptional!





Promoting Safety On Board - STAY SAFE...

he Near Misses and Best Practices that are received monthly from our ships provide a wealth of safety related information and lessons learnt. Not all can be published in this edition but will be used in future issues. Thank you for your participation!

In this month's issue, the contributors are:

- ✓ Chief Officer Denys Tarasenko of m/v Colossus
- ✓ Second Officer V. Yun of m/t Energy Artemis
- ✓ Chief Engineer Oleksandr Lysak of m/v Heroic Striker
- ✓ Cadets Daniil Podolskyi of m/v Warrior
- ✓ Training Officer / Superintendent Leonid Fedchishak

onboard m/t Energy Artemis

- ✓ Second Officer Goryunov Yury of m/v Energy Athena
- ✓ Third Officer Romel Vincent C. Fadrigo of m/v Jaguar
 Max
- ✓ Master Korniyenko Oleksandr of m/v Gladiator

NEAR MISS Potential Injury

What happened:

During the weekly safety tour, while climbing to the rescue boat, a crewmember stepped on a ladder that broke. The crewmember lost his footing and nearly fell, but fortunately, by holding onto the handrails, he regained his balance and avoided fall.

Always ensure that ladders are regularly inspected and maintained in accordance with the established schedule.





UNSAFE CONDITION

What happened:

During weekly inspection of the galley, it was found that the ventilation dampers were not functioning properly and could not be fully closed due to buildup of grease and fat.

In the event of a galley fire, non-functional dampers can allow flames and smoke to spread through the ventilation system.





SIGNIFICANT NEAR MISS Mooring Line Stuck Under Rotten Fender

What happened:

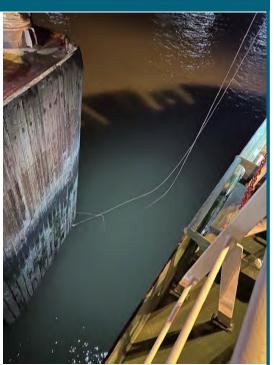
During routine mooring operations, a fleet vessel deployed two forward breast lines onto the mooring boat. At the time, the ebb tide caused the current to move one of the breast lines underneath the wooden fender, where it became stuck between the planks.

Actions:

- An additional breast line was deployed to maintain safe mooring conditions.
- The breast line was successfully released by the vessel's crew during the next low tide. The line was visually inspected and found in good condition and not damaged.

Lessons Learnt:

- Assess berth conditions, including fenders and obstructions, prior to mooring when possible.
- Report damaged infrastructure and consider alternative mooring arrangements if needed.
- Account for tidal effects when handling slack mooring lines.
- Maintain clear communication with the mooring boat, especially during nighttime operations.
- Include all potential hazards in the pre-mooring risk assessment.





continued from page 12 "Promoting Safety On Board - STAY SAFE..."

UNSAFE CONDITION

What happened:

During the daily inspection, it was observed that the protective chemical safety glasses in the Chemical Store were broken.

Risk of injury or contamination from chemicals, which could lead to burns, eye damage, or other serious health effects.

Always ensure that protective clothing and equipment in hazardous areas, like the Chemical Store, are routinely checked and replaced immediately if damaged to ensure the safety of the crew.





UNSAFE CONDITION

What happened:

During the workday, it was observed that a crewmember was using a portable lamp with damaged cable insulation.

The use of electrical equipment with damaged cable insulation poses risks such as electric shock and short circuit.

Always ensure that all electrical equipment is thoroughly

inspected before use. Damaged cables or faulty insulation should be immediately repaired or replaced to prevent risks such as short circuits or electric shocks, ensuring the safety of the crew.

× O

UNSAFE CONDITION Hygiene Hazard

What happened:

A wooden pallet was found inside the Refrigerated Chamber Locker.





Wooden pal-

lets in refrigerated storage areas can pose hygiene and safety risks, including the potential for contamination and difficulty in maintaining proper cleanliness.

Always ensure that only plastic pallets are used in refrigerated storage areas.

UNSAFE CONDITION Delay in Administering First Aid





What happened:

During a weekly safety inspection in the Engine Room, the absence of one of the eye wash bottles was noted.

The absence of the eye wash bottle could delay first aid in the event of chemical exposure or contamination.

Always ensure the eye wash station is fully equipped and ready for emergency use at all times.

BEST PRACTICE Clear Instructions for MOB LB Release

What happened:

During the weekly LSA/FFE inspection, it was noted that a poster with instructions for releasing the MOB lifebuoy was missing from the space near the MOB release lever.



Delay in releasing the MOB lifebuoy during emergencies.

A poster with instructions for releasing the MOB lifebuoy position, ensuring optimal has been posted in the large space next to the lever.

BEST PRACTICE

Proper Orientation of Wi-Fi Router Antennas

What happened:

Routers were not installed correctly, creating connectivity issues. The antennas on routers should be installed vertically to the deck and parallel to the bulkheads.

All Wi-Fi routers were dismounted and re-installed with their antennas properly fixed in a vertical position, ensuring optimal signal.







Ships with Zero PSC Deficiencies

We would like to congratulate the following Vessels & Crews for the successful PSC Inspections!

No.	Ship	Captain	Date	Port	Country
February 1	Magic Striker	Oleg Trunko	19/02/2025	New Orleans	USA
March 2	Dynamic Striker	Volodymyr Devyatyyarov	14/03/2025	San Pedro	Ivory Coast
3	Heroic Striker	Oleksiy Pirogov	18/03/2025	El Dekheila	Egypt
4	Dynamic Striker	Volodymyr Devyatyyarov	31/03/2025	Fortaleza	Brazil

IMPORTANT REMINDER!

Poor Housekeeping Practices

The following observation was issued during a recent SIRE inspection:

"It was observed that overalls and personal clothing were being dried on safety handrails outside the ship's laundry.

The OP interviewed stated that this was missed by the staff and will be actioned immediately."

This practice is not acceptable as it compromises safety, obstructs handrails meant for emergency or routine use, and reflects poorly on the vessel's housekeeping standards.

This is a reminder to all vessels:



Use only designated areas for drying clothes.



Do not use safety handrails or emergency routes for hanging garments.

Please ensure this is addressed on board and discussed at your next Safety Committee Meeting to prevent recurrence.





Risk4Sea: EST Among the Top 10 PSC Performers — Congratulations

n a strategic move to enhance fleet performance and ensure regulatory compliance, the company initiated a significant partnership several months ago with **Risk4Sea**, a leading provider of maritime risk and inspection intelligence. This initiative was aimed at strengthening the company's preparedness for **PSC inspections** by equipping vessels with customized checklists that reflect the most recent deficiencies recorded at their next port of call.

Through this collaboration, each vessel in the fleet receives a customized checklist seven days prior to entering a port, highlighting historical deficiencies frequently observed during inspections at that specific location. This proactive approach enables the crew to conduct thorough self-assessments and address potential issues in advance, thereby reducing the likelihood of detentions or negative findings during PSC inspections.

The below images show benchmarking results from RISK4SEA for the Top 10 PSC Performers Worldwide over the last 36 months, with data **covering April 1, 2022 to March 31, 2025**. The segments covered herebelow are:

- LR1/LR2 Tankers (60–125k DWT) 437 Managers, 5,911 PSCs
- Supramax Bulk Carriers (50–67k DWT) 939 Managers, 25,847 PSCs

We are proud to share that **Enterprises Shipping & Trading S.A.** has been benchmarked and recognized among the top-performing companies in these categories. This is a significant achievement and a reflection of the professionalism, dedication, and high standards maintained by our crew and we would like extend our sincere thanks to them for their continued commitment and hard work.

While this performance was attained prior to the implementation of our recent initiative with Risk4Sea, we are confident that this initiative will further enhance our capability to perform at the highest standards of operational and regulatory excellence. \mathcal{L}_{SZ}

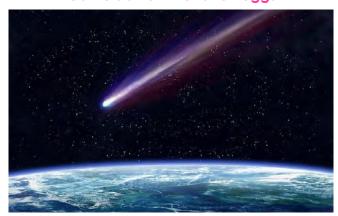


SPOT THE 7 DIFFERENCES:



FUN FACTS:

Comets smell like rotten eggs



A comet smells like rotten eggs, urine, burning matches, and... almonds. Traces of hydrogen sulphide, ammonia, sulphur dioxide, and hydrogen cyanide were all found in the makeup of the comet 67P/Churyumove-Gerasimenko. Promotional postcards were even commissioned in 2016 carrying the pungent scent of a comet.

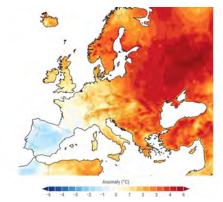
Bananas are radioactive



Due to being rich in potassium, every banana is actually slightly radioactive thanks to containing the natural isotope potassium-40. Interestingly, your body contains around 16mg of potassium-40, meaning you're around 280 times more radioactive than a banana already. Any excess potassium-40 you gain from a banana is excreted out within a few hours.

Europe just had warmest March on record

Europe experienced its warmest March since records began, as climate change continues to push temperatures to unprecedented levels, as per Eu-



ropean Union scientists.

Globally, last month was the planet's second-warmest March on record - exceeded only by March in 2024, the EU's Copernicus Climate Change Service (C3S) said in a monthly bulletin. March continued a run of extraordinary heat, in which 20 of the last 21 months saw an average global temperature of more than 1.5 degrees Celsius (35 degrees Fahrenheit) above pre-industrial times. Last year was the planet's hottest on record.

Pope Francis dies aged 88



Pope Francis, a voice for the poor who overcame fierce resistance to reshape the Catholic Church, died of a stroke and heart failure on Easter Monday at the age of 88, the Vatican announced. The pope passed away the morning after the holiest day in the Christian year, when the world's 1.4 billion Catholics celebrate the resurrection of Jesus Christ. Despite his poor health, Francis was seen a number of times in public at the Vatican during Holy Week, culminating in an Easter Sunday appearance where he delighted crowds at St. Peter's Basilica in Rome.

Magnitude 6.2 earthquake strikes near Istanbul as scores injured in panic



An 6.2-magnitude earthquake struck off the coast of Istanbul on Wednesday leading to scenes of panic in the Turkish metropolis, officials said.

The quake occurred in the Sea of Marmara close to Silivri, which lies around 70 kilometers (40 miles) to the west of the city, and aftershocks are continuing, according to Turkey's Disaster and Emergency Management Agency (AFAD). Istanbul authorities said there had been no loss of life but that 151 people were injured after "jumping from heights due to panic." No residential buildings were damaged, the authorities added, but one abandoned building collapsed in the central Fatih District. Turkey's interior minister, Ali Yerlikaya, said the quake lasted a total of 13 seconds at a depth of seven kilometers, with 51 aftershocks recorded so far, the largest of which was of 5.9 magnitude.

Val Kilmer, film star known for 'Top Gun,' 'Batman Forever' and 'Tombstone,' dead at 65

Val Kilmer, a movie star who throughout his career proved he was up for any task, from playing a cocky naval pilot to wearing the Batman suit, died on Tuesday, according to his daughter Mercedes Kilmer, who released a statement to the New York Times and the Associated Press. He was 65.

The cause of death was pneumonia, Mercedes

PAGE 18

continued from page 17



Kilmer told the media outlets.

Kilmer had recovered from a 2014 throat cancer diagnosis that required tracheotomy surgery that altered his voice.

In recent years, Kilmer largely stepped away from acting, but made a brief return to the craft in "Top Gun: Maverick," the sequel to the original film that launched him and that cast into superstardom. The sequel, which released in 2022 after a two-year delay, deftly blended Kilmer's off-screen health issues into the film's story, with his Tom "Iceman" Kazansky, the smug but cool rival to Tom Cruise's Pete "Maverick" Mitchell, ultimately succumbing to an ailment in the film. As one of Kilmer's last film roles, it concluded one of the most interesting and bankable — careers in Hollywood history.

California passes Japan as fourth largest

economy

California's economy has overtaken that of the country of Japan, making the US state the



fourth largest global economic force.

Governor Gavin Newsom touted new data from the International Monetary Fund (IMF) and the US Bureau of Economic Analysis showing California's growth.

The data shows California's gross domestic product (GDP) hit \$4.10 trillion (£3.08 trillion) in 2024, surpassing Japan, which was marked at \$4.01 trillion. The

state now only trails Germany, China and the US as a whole.

"California isn't just keeping pace with the worldwe're setting the pace," Newsom said.

California has the largest share of manufacturing and agricultural production in the US. It is also home to leading technological innovation, the centre of the world's entertainment industry and the country's two largest seaports.

Austria's JJ wins Eurovision 2025 with 'Wasted Love'



Austria won its third Eurovision Song Contest after a glittering grand final in neighboring Switzerland, with singer JJ earning the continent's votes for the operatic pop anthem "Wasted Love."

The song, which showcases the classically trained Austrian-Filipino singer's remarkable vocals and was staged in a dramatic style that evoked a shipwreck, dazzled the crowd in Basel and saw Austria triumph for the first time since Conchita Wurst's victory in 2014.

Israel came second in the leaderboard, with Yuval Raphael – a survivor of Hamas' October 7 attacks – winning support for her performance of "New Day Will Rise." Estonia was placed third, while San Marino earned the last-place spot. Before the final, JJ told CNN: "I feel very, very humbled and honored that the artwork that I'm putting out there is being so well accepted. This is the kind of music that I want to continue making." A rumored appearance by Celine Dion, who won Eurovision for Switzerland in 1988 and who, along with ABBA, is the contest's most celebrated alumni, failed to materialize.

PAGE 19

Alcaraz 'Proud' of Monte Carlo Win After 'Difficult Month'

arlos Alcaraz says he is "proud" of how he coped with a "difficult month" after he fought back to beat Lorenzo Musetti and win the Monte Carlo Masters.

The four-time major champion made a slow start but grew in confidence and quality to overcome the Italian 3-6 6-1 6-0 on the clay.

It was a competitive match for a set and a half before Musetti, bidding for the biggest prize of his career, began to struggle with a leg injury.

The success was a sixth ATP Masters 1000 trophy for Alcaraz - his first since Indian Wells last year - and an 18th title overall.

It also gives the 21-year-old a confidence boost



before he defends his French Open title in May, having had a mixed hard-court swing.

It's been a really difficult week with a lot of difficult situations," Alcaraz said.

"I'm really proud of my myself how I've dealt with everything. It's been a really difficult month for me on the court and outside.

Piastri Wins in Saudi Arabia and Takes Title Lead

cLaren's Oscar Piastri took his third win of the year and with it the world championship lead at the Saudi Arabian Grand Prix.

Piastri benefited from a penalty for Red Bull's Max Verstappen to take control of the race and score his second win in a week.

Verstappen was given a five-second penalty for illegally keeping the lead from Piastri by going off the track at the first corner but had more than enough pace to keep second place.

McLaren's Lando Norris recovered from 10th place on the grid after his crash in qualifying to finish fourth behind Ferrari's Charles Leclerc.

Norris, on an off-set tyre strategy, was closing in



on Leclerc as the race reached its closing stages but his medium tyres lost their edge of pace and the Ferrari driver was able to hold him back.

Piastri's third win in five races so far this season puts the Australian 10 points clear of Norris in the championship, with Verstappen just two points further adrift.



	Vessel	Flag	Class		Vessel	Flag	Class
1	Alora	ВМА	BV	16	Energy Delos	IOM	BV
2	Citius	IOM	BV	17	Energy Dione	IOM	BV
3	Colossus	IOM	BV	18	Energy Triumph	IOM	BV
4	Constantia	IOM	BV	19	Furious	IOM	BV
5	Delphi Ranger	ВМА	BV	20	Gladiator	ВМА	BV
6	Divinus	IOM	BV	21	Heroic Striker	IOM	BV
7	Dynamic Striker	IOM	BV	22	Imperius	MADEIRA	BV
8	Energy Achilles	IOM	BV	23	Jaguar Max	ВМА	BV
9	Energy Afrodite	IOM	BV	24	Livorno	IOM	BV
10	Energy Apollo	IOM	BV	25	Magic Striker	IOM	BV
11	Energy Ariadne	IOM	BV	26	Panther Max	ВМА	BV
12	Energy Artemis	IOM	BV	27	Puma Max	ВМА	BV
13	Energy Athena	IOM	BV	28	Taurus	IOM	BV
14	Energy Centaur	IOM	BV	29	Virtuous Striker	IOM	BV
15	Energy Chancellor	IOM	DNV	30	Warrior	ВМА	BV

Affiliated vessel

	Vessel	Flag	Class
1	Good Hope Max	IOM	BV

EST - New Building Orderbook

ı	#	Hull Nr	Expected Delivery Date
	1	5110 tbn Energy Delphi	December 2026
	2	DE 176	November 2027

Calling all our seamen onboard:

We are looking for new ideas, themes & articles of your interest (e.g. hobbies, events onboard, favorite recipes, safety concerns, environmental matters, etc.) to include in the company's monthly Newsletter.

If you'd like to be featured in the next issue, please email ism@ensh.com.



Enterprises Shipping & Trading S.A.

11, Poseidonos Avenue, Elliniko, GR 167 77, Athens.

Tel: 0030 210 8910111 Fax: 0030 210 8945716 E-mail: ism@ensh.com

www.estsa.gr

Editing Team:

ats: Anna Tsesmeloglou

bp: Bella Politisgr: Georgia Rina

kg: Katerina Gemidopoulou

op: Orestis Perilisnt: Nikol Tserkezousz: Sofia Zogana





















