



ENTERPRISES
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TRADING S.A.

EST Newsletter



WEDNESDAY, 24 MAY 2023
VOLUME 17, ISSUE 191

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EST'S DRUG AND ALCOHOL POLICY - ZERO TOLERANCE

The possession, consumption, trafficking and sale of alcohol and/or drug substances aboard is strictly prohibited during the seafarers' employment agreement. All Company's seafarers are subject to testing and screening for drugs and alcohol abuse. The Master has the authority to carry out an alcohol test whenever he suspects that a seafarer is under alcohol influence.

Any seafarer not complying with the Company's D & A Policy **shall be immediately dismissed** and will be considered non-rehireable.

EST Tanker Fleet Renewal Program: Crude Oil Newbuilding Tankers



Mr. Kyriakos Zarvanos, Mr. Macias Restis, Mr. Victor Restis, Mr. George Sarris and Daehan Shipbuilding Representatives (Left to Right)

We are pleased to announce that as part of the Company's tanker fleet renewal and expansion program, a contract has been signed with the South Korean Daehan Shipbuilding for 2 x 157,000t Crude Oil Tankers.

The two vessels with hull numbers 5095 and 5096 are scheduled for delivery in December 2024 and January 2025 respectively.

The vessels' optimized design and their systems, reflecting the latest develop-

continue on page 2

continued from page 1 "EST Tanker Fleet Renewal Program: Crude Oil New-building Tankers

ments in marine technology, will ensure:

- i) their compliance with all environmental regulations such as NOx Tier III regulations and EEDI phase 2 and
- ii) that their overall environmental foot print will remain at low as possible.

Both vessels are expected to enter into long time charter agreements with Oil Major Companies.



Money Show 2023 Forum



Mr. V. Ferentouros-Fleet Operation Manager

The Money Show 2023 Forum took place on 07-09 April 2023 in Athens Marriott.

Money Show is a unique multi-session forum, consisting of Conference Events and Company presentations of the investment market, business services and the money market.

EBEN GR in collaboration with Panteio University

participated in the Forum by organizing a conference with subject "Business Ethics as a pillar of the economy and sustainable development".

Mr. Ferentouros participated in the Forum on behalf of ESTSA, representing EBEN on 08 April 2023, conducting a presentation on Company's Social Responsibility and Business Ethics.



M/V Furious Search & Rescue Operations



On 26/04/2023 at 18:00hrs LT and while the vessel m/v Furious was underway to Singapore, Captain Joel B. Loquias received a distress call through VHF radio from an Indian fishing boat with 10 crew-members onboard, asking for assistance.

Vessel's name was "Lourdumatha" and as per the call she had suffered a Main Engine failure.

Master immediately notified the Company and upon verifying that the call was original, proceeded to the position Lat. 03-24.8'S, Long. 073-58.0'E in order to render assistance to the fishing vessel in distress.

M/V Furious arrived in the position of the fishing vessel a few hours later and commenced rescue operations, which were very difficult to complete due to very rough seas and 3.0 meters swell at the time.

In the early hours of 27 April 2023 rescue oper-



continue on page 4

continued from page 3 "M/V Furious Search & Rescue Operations"

ations were completed and the 10 Indian fishermen had safely been embarked onboard the m/v Furious.

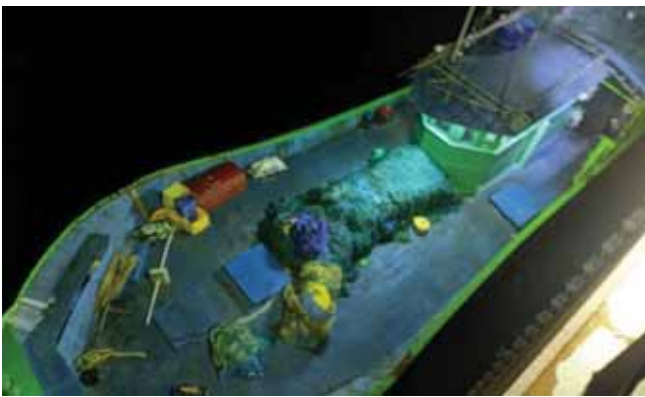
The fishing boat was abandoned in position Lat. 03-24.86'S, Long. 074-20.97'E and m/v Furious resumed her voyage informing also all concerned parties.

On 2 May 2023, the 10 fishermen were safely disembarked from the vessel off Indira Point and m/v Furious resumed her voyage to Singapore.

M/V Furious received a letter of appreciation by MRCC Mumbai for the swift effort and professionalism displayed, saving the lives of the 10 Indian fishermen.

We would also like to congratulate Captain Joel B. Loquias and all crew onboard m/v Furious for their professional conduct and good seamanship practice during this SAR operation!

ats



एच एस सेरावाट / HS Serawat
उप महानिरीक्षक / Dy Inspector General
प्रभारी अधिकारी / Officer-in-charge

सांख्यिक बचाव समन्वय केंद्र (मुंबई)
MRCC Mumbai
मुख्यालय सहायक क्षेत्र (पश्चिम)
HQ Coast Guard Region (West)
वरली सी फेस (पी ओ)
World Sea Face PO
मुंबई/Mumbai - 30, India
Tele : +91 22 24316558

DO/0480/HSS

28 Apr 2023

Capt. Joel B. Loquias,
Master MV Furious

LETTER OF APPRECIATION

**RESCUE OF 10 CREW EX INDIAN FISHING BOAT LOURDUMATHA
ON 26 APR 2023 IN MALDIVES SRR**

Dear Capt. Joel,

Greetings from MRCC Mumbai, India!

1. MRCC Mumbai appreciates the noble act rendered by your good vessel in providing assistance and saving 10 precious lives of the crew of Indian Fishing Boat "Lourdumatha" on 26 Apr 23 in the Indian Ocean.
2. In the best traditions of seafarers, MV Furious under your able command promptly responded to this MRCC and proceeded for rescue of the crew of stranded Indian Fishing Boat. The swift SAR effort and professionalism displayed in saving valuable lives at sea is praiseworthy and is highly appreciated.
3. MRCC Mumbai conveys sincere appreciation and gratitude to the entire crew of MV Furious for this kind act. The initiative taken by you as the Master of the vessel is indeed laudable and worthy of emulation by other seafarers.

With warm regards,

Yours sincerely,
APL 28/4

Copy to:-

The Chairman & Managing Director,
M/s Enterprises Shipping & Trading S.A.
11, Poseidonos Ave., Elliniko 167 77, Athens Greece

Mr. Bissias G. Christoforos, CSD
M/s Enterprises Shipping & Trading S.A.



What's New in the QHSEMS?

Tankers QHSEMS

1. WIM Part I Section A-Job Description Sea Staff-version 0.2
2. PM Chapter 01-Policy Statements-version 0.4
3. ESTSA 421 "Port Information and Evaluation" version 1.0
4. ESTSA 621 "ESTSA 621 PreJoining Checklist for Oil Chemical Tankers-version 0.2

New Uploads (Tankers)

- VRP Core-Change 33 (All Vessels)
- VRP Sister Vessel List
- VRP Enterprises Shipping SMFF Consent
- Drug and Alcohol Abuse Policy Statement
- LM 131 "Safety practices for storage and use of Gas Welding and Cutting equipment"
- Live Message Index

Bulkers QHSEMS

1. WIM Section C-Bridge and Deck Instructions-version 0.3
2. WIM Section F-Port and Cargo Operations Dry Cargo-version 0.3
3. WIM Section G-Shorebased Contingency Plan-version 0.7
4. Form 1174 "Ballast Tanks-Void Spaces"-version 0.2

Reflective Learning-LET -Resilience

- 4. LET Lifting and hoisting

- 5. LET Personal injury
- 6. LET Slips trips and falls
- 7. LET Engine failures
- 8. LET Lifeboat operations
- 9. LET H2S Exposure
- 10. LET Ship to ship operation
- 11. LET COLREGS
- 12. LET Mooring operations
- 13. LET Navigation
- 14. LET Personnel transfer
- 15. LET Prevention of man overboard
- 16. LET Confined space entry V.2
- 17. LET Cargo Transfer Ops

Safety Awareness Handbook

- QHSE Alert 04/23 Allision with Pier
- QHSE Alert 05/23 41 Non Conformities Further to a Rightship Inspection
- QHSE Alert 06/23 Main Engine Failure
- QHSE Alerts inventory

GMS Client Advisories

- Client Advisory 14_23 "Panama Canal Transit_Draft Adjustments to Neopanamax Locks"
- GMS List of Advisories

Regulatory Updates

- Regulatory Update Q1/2023

We take this opportunity to remind you that any feedback, suggestions for revisions or QHSEMS improvement are more than welcome and can be submitted to the QHSE department through a DCR ([Nav-Dynamics](#) → [DM Library](#) → [New Change Request](#)) or via the Master's Review.

“Near Miss Rewarding” Program

We are pleased to announce the seafarers entitled to \$100.00 reward this month.

Key to this is to reward diligent crew members who contribute in a responsible manner to their own safety and that of their fellow workers.

- M/T Energy Afrodite - **3rd Engineer Alexander Sychev**
- M/v Jaguar Max - **Chief Officer Jose Semilla**
- M/V Virtuous striker - **Chief Officer O. Pirogov**



UNSAFE CONDITION



Hazard:

A bucket was placed on the top of the switch board in the E/R

Risk:

Possible electric shock and / or damage to electric equipment

UNSAFE CONDITION



Hazard:

Mooring ropes not properly secured on the bitts.

Risk:

Possible injury to deck crew working nearby when the rope slips off from place.

UNSAFE CONDITION



Hazard:

Seats in free fall lifeboat not properly marked according to the exact number of seafarers currently onboard.

Risk:

In the event of an emergency, the crew should be able to occupy their own dedicated seats within the FFLB as quickly as possible so as to avoid unnecessary delays or injuries during the release of the FFLB.

Best Practice Received by m/v Puma Max

We would like to thank
**Second Officer Tommy
Lastico** of **m/v Puma Max**
for providing us this Best Practice.

As already mentioned in previous issues the value of implementing "Best Practices" that can improve safety standards onboard or simplify our daily performance is of great importance especially, when they address matters related to chaotic processes or dangerous work spaces.

Of even greater importance is to share them with the rest of the fleet. As such, we are looking forward to receiving your "Best Practice" that you are implementing onboard through the Near Miss software. Keep in mind that the company rewards every month, the four most meaningful near misses / best practices / ideas.



The outbreak of COVID-19 seems to be coming to an end and therefore the strict measures that have been imposed around the world are being gradually lifted.

However, good hygiene practices should still be implemented in order to prevent the spread of the virus that can be transmitted onboard while at port by shore personnel boarding the vessel.

The crew onboard m/v Puma Max noticed that at the bridge, no appropriate measures were in place putting the health of the seamen at risk. Therefore, it was decided to supply the bridge with masks and sanitation products that would be kept permanently in a place designated by a poster.



"IDEA" Program: m/v Citius, Furious, Livorno, Olympius,



We would like to thank once again the crew of the following vessels for submitting the last three months their IDEA as well as the Captains for supporting them to do so:

- MV Citius
- MV Furious
- MV Livorno
- MV Olympius

For those who are about to submit their ideas, please check our issue 133 for more information. Having in mind that all of us have good ideas for improving our job and the Company as a whole, we anticipate receiving the ideas from all ranks.



Easter Wishes from m/v Livorno

We would like to thank **Capt. Jan Michael L. Lara, Training Officer Capt. Maksym Machuskiy as well as the Officers and Crew of m/v Livorno** for their Easter wishes and for sharing with us their photos from Easter celebration onboard the vessel!



Happy Crew Onboard m/v Taurus

We would like to thank **Capt. Baltazar S. Carpio** and the crew of **m/v Taurus** for sending us their photos!

Please feel free to share with us any photos, in case any **recreational activities** or **team-building gatherings** take place onboard!



Promoting Safety On Board - STAY SAFE...

The Near Misses and Best Practices that are received monthly from our ships provide a wealth of safety related information and lessons learnt. Not all can be published in this edition but will be used in future issues. Thank you for your participation!

In this month's issue, the contributors are:

- ✓ Chief Off. Joel Nacion of MV Olympius
- ✓ Chief Off. Keith O. M. Llauderer of MV Puma Max
- ✓ 2nd Off. Y. Goryunov of MT Energy Achilles
- ✓ Chief Off. S. Gumma of MT Energy Athena
- ✓ Messman R. B. Rabia Jr of MV Constantia
- ✓ O/S K. N. Tangan of MV Imperius
- ✓ El. Cadet Jesus A. Espejo Jr of MV Citius
- ✓ Chief Off. D. C. Babon of MV Furious
- ✓ Chief Off. A. Petrosyan of MT Energy Achilles
- ✓ Chief Off. A. Brikun of MT Energy Artemis

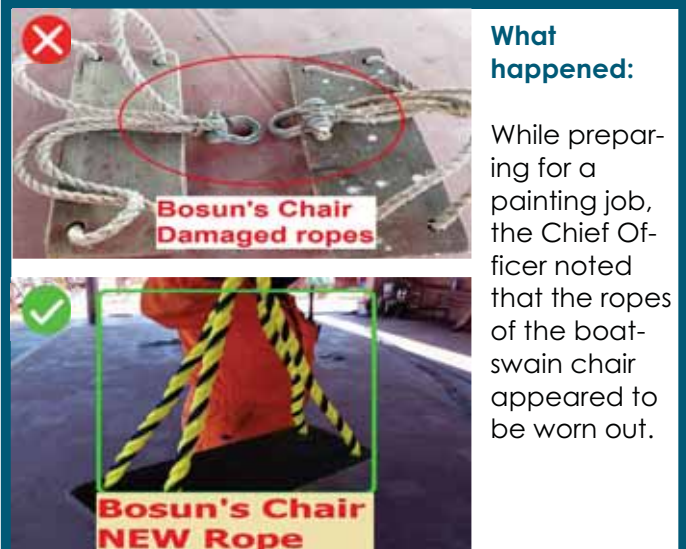
UNSAFE ACT



What happened: A crewmember was attempting to open the fire hydrant cover while standing directly in front of it. The water pressure in the pipe could lead to injury in case of direct contact.

UNSAFE CONDITION

Damaged Equipment

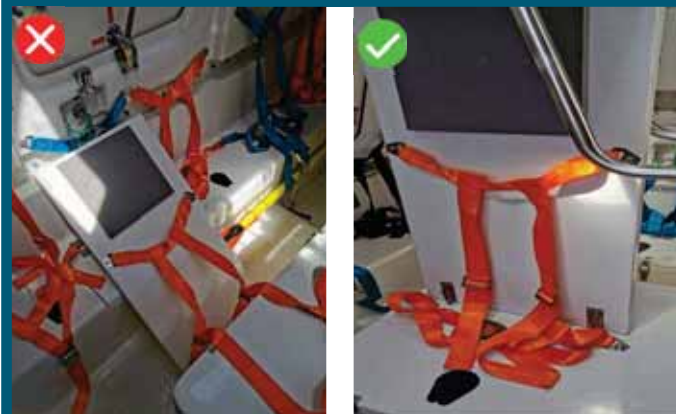


What happened:

While preparing for a painting job, the Chief Officer noted that the ropes of the boat-swain chair appeared to be worn out.

UNSAFE CONDITION

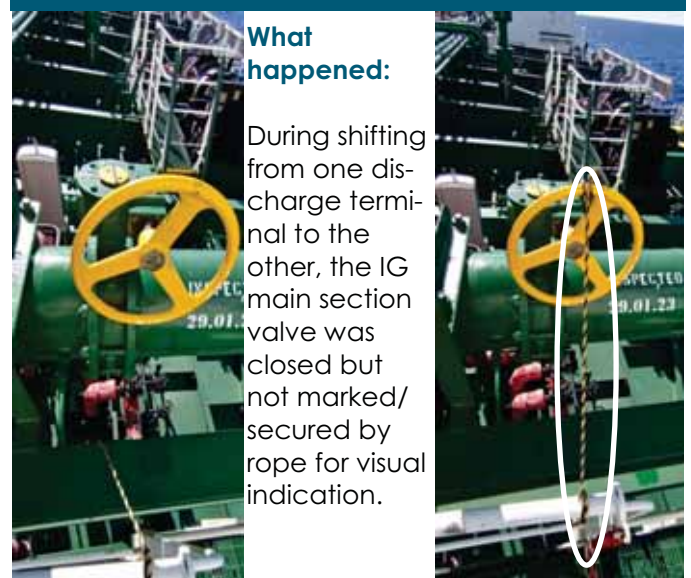
Delay in Emergency Evacuation



What happened: A partition inside a lifeboat was found unfixed, laying in the passage and obstructing movement. This could cause significant delays during an emergency situation.

UNSAFE CONDITION

Best Practice not observed



What happened:

During shifting from one discharge terminal to the other, the IG main section valve was closed but not marked/secured by rope for visual indication.

Continue in page 10

continued from page 9 "Promoting Safety On Board - STAY SAFE..."

UNSAFE ACT

Improper PPE used for the task



What happened:

A crewmember was segregating garbage of cans and bottles using thin cotton gloves, that were torn against a sharp can lid.



What happened:

During segregation and compression of garbage, the seaman carrying out the task was not wearing protective gloves.

Use the proper type of gloves for each task.

UNSAFE CONDITION

Defective Equipment Used



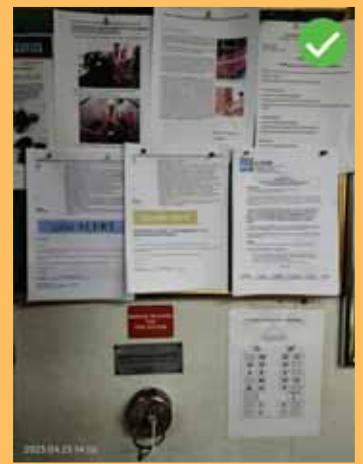
What happened:

The Oiler was cutting a pipe using an electric rod cutter with a broken cutting wheel. This could result in the cutting wheel breaking, causing crew injury.



Make sure equipment used is in good condition. Replace defective items immediately.

BEST PRACTICE



What happened: The remote manual control for the deep fat fryer in the galley (wet chemical system) was concealed by various alerts and posters.

UNSAFE CONDITION

Fire Hazard



What happened:

Oily rags were stored in STBD deck store locker following cargo operations. They were removed and placed in suitable container.



UNSAFE CONDITION



What happened:

During safety round prior arrival in Panama, the Emergency shower on deck was found not operating. The water supply valve had been closed.



Ships with Zero PSC Deficiencies

We would like to congratulate the following Vessels & Crews for the successful PSC Inspections!

No.	Ship	Captain	Date	Port	Country
1	Magic Striker	Oleksandr Korniyenko	11/04/2023	Algeciras	SPAIN
2	Warrior	Kostyantyn Borets	13/04/2023	Wilmington	USA

IMPORTANT REMINDER !

DANISH WATERS

Recently, a letter was issued from the Danish Maritime Authority (DMA) in respect of a fleet vessel which transited the Route "T" with a draught of 14.85m using the pilotage service only for a part of the Route "T" .

Taking this opportunity we would like to remind you of the following:

According to the SN.1 Circular 263 of 23rd October 2007, re-section 1.9 and 1.14 in respect to navigation through the entrances to the Baltic Sea, the IMO recommends the use of pilotage from Skagen to Gedser and vice versa for ships with a draught of 11m or more following "Route T" on their voyage through the entrances to the Baltic Sea.

The Company emphasizes the need for careful navigation in the area in accordance with the International Regulations for Preventing Collisions at Sea and for use to be made of the reporting schemes.

To this respect:

- All Masters are recommended to use the pilot services by the coastal state on ship's pas-

sage through Danish Waters (from Gedser to Skagen and vice versa).

- Masters are instructed to use pilotage services whenever the maximum draught of the vessel exceeds the eleven (11) meters.

For more information please see:

- W.I.M. section C paragraph 7.3.1 "Navigation in the Dover Strait, Singapore Strait and through Danish Waters" (Bulkers)
- W.I.M. Part III, Section B paragraph 7.3.1 "Navigation in the Dover Strait, Singapore Strait and through Danish Waters" (Tankers)

IMCA Safety Flash: Equipment Starts Unexpectedly

A recent IMCA Safety Flash focuses on an incident in which, three engineers obtained a Lock-out/Tag-out (LOTO) for a High voltage AC unit, and were performing routine maintenance on the unit, to provide lessons learned.

The Incident

As one of them went to lubricate the bearings, the machine started unexpectedly. Work was stopped and a review was conducted. It was discovered that a linkage was broken in the circuit breaker handle and the breaker did not actually shut off when arranging the LOTO. The plant electricians repaired the linkage, the LOTO was rehung, and the work was completed.

What went right and/or wrong?

- ♦ What went right: no one was in the line of fire when the machine restarted and there were no injuries;
- ♦ What went wrong: equipment failure – the linkage in the breaker handle was broken.

Lessons learned

- ✓ Carefully check that equipment is de-energized before working on it – prove that it is “dead”;
- ✓ Ensure a full and thorough understanding of isolation and ensure the proper sources of energy are isolated when equipment is upgraded or modified.



IOGP (International Association of Oil & Gas Producers) Life-Saving Rules applicable

Energy Isolation: the engineers did not:

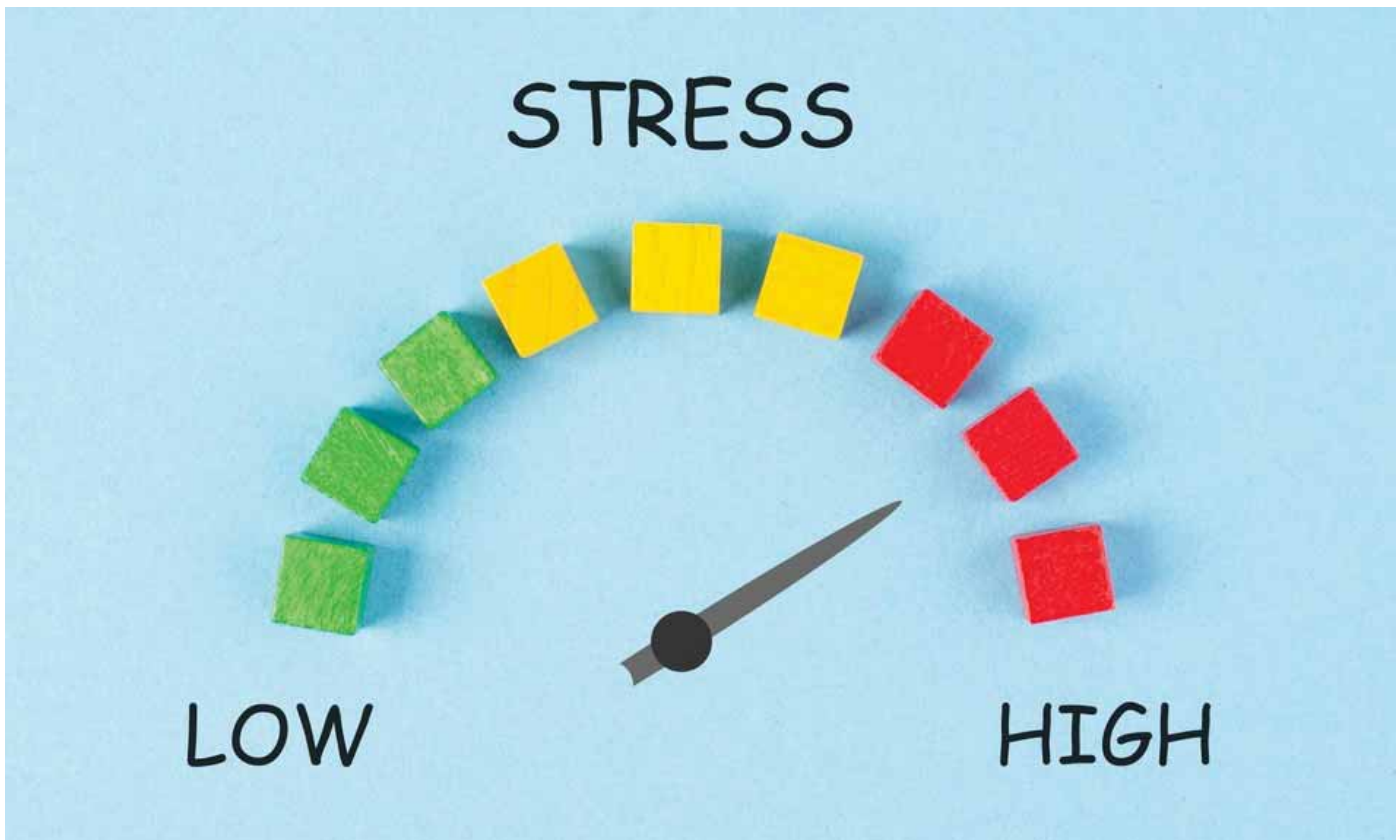
- * Identify all energy sources;
- * Confirm that hazardous energy sources were isolated, locked, and tagged;
- * Check there was zero energy; did not test for residual or stored energy.

Work Authorisation: the engineers did not:

- * Confirm that hazards were controlled or that it was safe to start.

Source: <https://www.imca-int.com/safety-events/>

Stay SEAFiT: How to Cope with Mental Fatigue



Mental fatigue refers to a state of chronic exhaustion that can happen from ongoing stress.

Mental fatigue may cause problems with concentration, mood, and emotional state. It can result in feelings of depletion and numbness to your surroundings.

You might notice mental fatigue, if you:

- often work or study for long hours with few or no breaks
- spend a lot of time each day dealing with overwhelming responsibilities
- live with mental health symptoms
- devote a lot of mental energy each day to thinking through problems, worries, or other sources of stress

7 strategies to reduce mental fatigue

#1 Prioritize important tasks when your energy is highest

#2 Devote at least 5-10 minutes each day to meditation

#3 Take regular breaks to recharge

#4 Engage in meaningful hobbies that creatively challenge your brain

#5 Put your phone on silent and set boundaries when you log into social media

#6 Focus on getting enough quality sleep

#7 Take care of your physical well-being to feel more energized

Note: Mental fatigue may be an underlying symptom of other mental health conditions. If left untreated, it can seriously impair the quality of your life. Working with a therapist can help you develop better tools for managing your triggers!

Source: safety4sea.com

Body Workout

NIGHT AGENT

DAREBEE WORKOUT © darebee.com

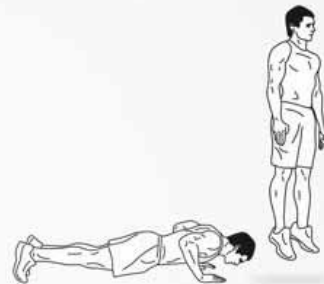
LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes



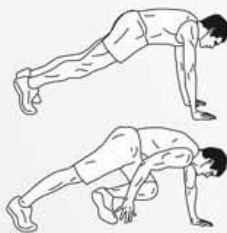
20 split lunges



max push-ups



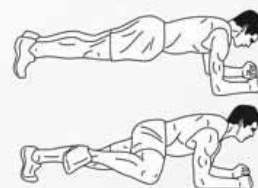
max burpees



20 climber taps



20 high knees



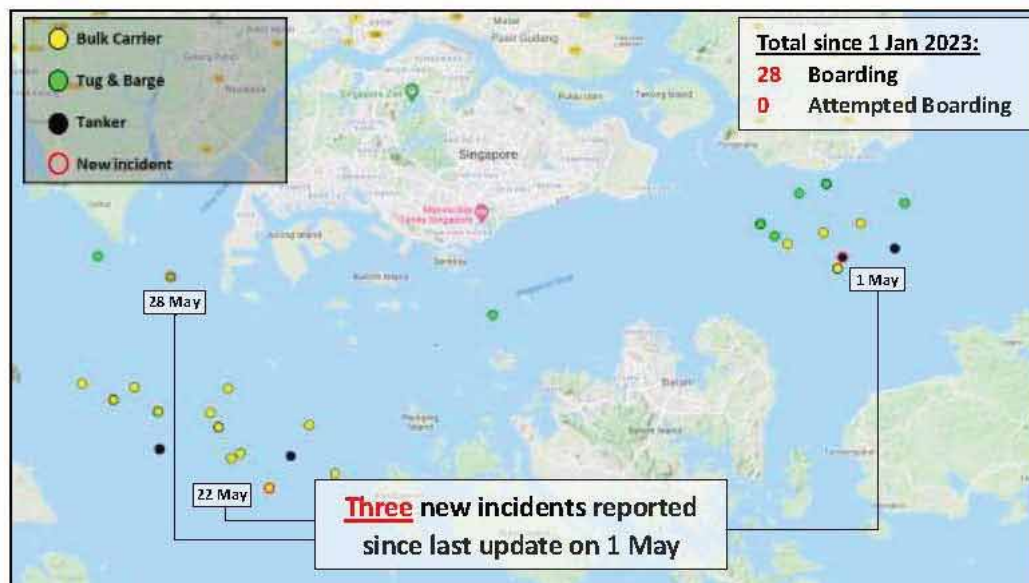
20 plank crunches



20-count elbow plank hold

Summary of Boarding and Attempted Boarding Incidents in the Singapore Strait (correct as at 1 Jun 2023)

Number of Incidents & Vessel Types



Bulk Carriers
 15 + 1 (57%)



Tankers
 3 + 1 (14%)



Tugs & Barges
 7 + 1 (29%)

Key Observations and Assessments

- Of the three new incidents, one occurred in Phillip Channel, one occurred in Eastbound Lane of Traffic Separation Scheme (TSS), and one occurred in Westbound Lane of TSS. Of note, two incidents had items reported stolen (i.e. scrap metal, engine parts).
- Only one incident (22 May) reported perpetrators armed with knives. Of note, no confrontation and injury was reported in all of the incidents.
- All the incidents (involving different vessel types) occurred in hours of darkness (between 2330H to 0300H). IFC assesses that perpetrators will continue to conduct boarding when opportune, regardless of vessel types. Prompt reporting to local authorities is important to enable timely response.

Modus Operandi: Remains Largely Consistent With Petty Crime

- Based on incident reports this year, perpetrators mostly avoided confrontation, and fled immediately upon being sighted by crew.
- Perpetrators are usually unarmed, operating in group(s) of up to 5 pax using small boats to target slow-moving vessels (7-12 knots) with low freeboard (up to 6m).
- Bulk Carriers and Tankers – Perpetrators may be armed (i.e. knives, and steel bars) and confrontation (*out of 28 incidents since Jan 2023, 9 reported armed, and 2 reported with confrontation*), and they usually target ships' engine parts and stores. Same group of perpetrators may target few vessels in succession, in same night.
- Tugs and Barges – Perpetrators are usually unarmed, and target scrap metal. The vessel type could be targeted in both daylight and hours of darkness.

Recommended Actions for All Transiting Vessels

- Always remain vigilant, particularly when transiting known areas of concern in the Phillip Channel, and off Bintan and Batam.
- Adopt Ship Protection Measures recommended in the Regional Guide 2 to Counter Piracy and Armed Robbery Against Ships in Asia, e.g., (1) turn on weather deck lighting around the accommodation block and rear facing lighting on the poop deck, (2) maintain an all-round lookout at an elevated position with focus on suspicious small craft(s) approaching or in proximity to the ship's aft, and (3) sound ship's alarm when suspicious small craft(s) sighted.
- To guard against successive boarding attempts by perpetrators, transiting vessels are encouraged to stay informed by participating in Voluntary Community Reporting as depicted in 4th Edition MARSEC Charts Q6112 and Q6113. Upon sighting of suspicious activities or perpetrators onboard, immediately report to local authorities and inform the IFC; do not confront perpetrators.

Contact IFC at +65 6594 5705 / 9626 8965 or email us at information_fusion_centre@defence.gov.sg

Fast X: Fast & Furious 10 Review

Fast X is a highly anticipated movie that has been making waves in the entertainment industry. This action-packed film is full of adventure, suspense, and adrenaline-pumping stunts that are sure to leave you on the edge of your seat. Fast X stars some of Hollywood's biggest names and features an exciting plot that will keep you hooked from beginning to end.

The movie tells the story of a group of skilled drivers who band together for one last heist. Their mission takes them around the world as they race against time to complete their task before it's too late. Along the way, they encounter numerous obstacles and challenges, including rival gangs, corrupt officials, and dangerous terrain. However, with their exceptional driving skills and unwavering determination, our heroes are able to overcome these obstacles and emerge victorious in the end.

Fast X is the latest installment of the popular Fast and Furious franchise. The movie continues to follow the high-speed adventures of Dominic Toretto (Vin Diesel) and his team as they navigate through a world of danger, betrayal, and extreme car chases. The film features an all-star cast including Michelle Rodriguez, Tyrese Gibson, Ludacris, Charlize Theron, John Cena, and Cardi B.

The plot centers around Dom's past coming back to haunt him when his younger brother Jakob seeks revenge for their father's death. In order to stop Jakob from carrying out his deadly plan, Dom must team up with old friends and new allies while also confronting a powerful enemy named Cipher. Along the way, audiences can expect plenty of adrenaline-fueled action sequences that will leave them on the edge of their seats.

Fast X is the latest instalment in the popular action movie franchise. As with any big-budget Hollywood production, it was instantly met with a wave of reviews from both fans and critics alike. But the question on everyone's minds is: Are the reviews supporting Fast X? The answer is a resounding yes! Fast X



has an impressive 80% rating on Rotten Tomatoes, with many critics praising its non-stop action sequences and stunning visual effects. Fans have also been quick to share their positive feedback on social media platforms like Twitter and Instagram. Of course, there are always dissenting voices among any group of reviewers. Some critics have criticized Fast X for its lack of narrative depth or character development.

Fast X is an exciting and enjoyable movie experience. It never stops, bringing a fast-paced story that keeps viewers enthralled throughout. The visuals are stunning, and the effects are expertly crafted. The action scenes will keep you on the edge of your seat, while the performances draw you into the story. All in all, Fast X is a great movie for those looking for a thrilling ride with an engaging story.

SPOT THE 8 DIFFERENCES:



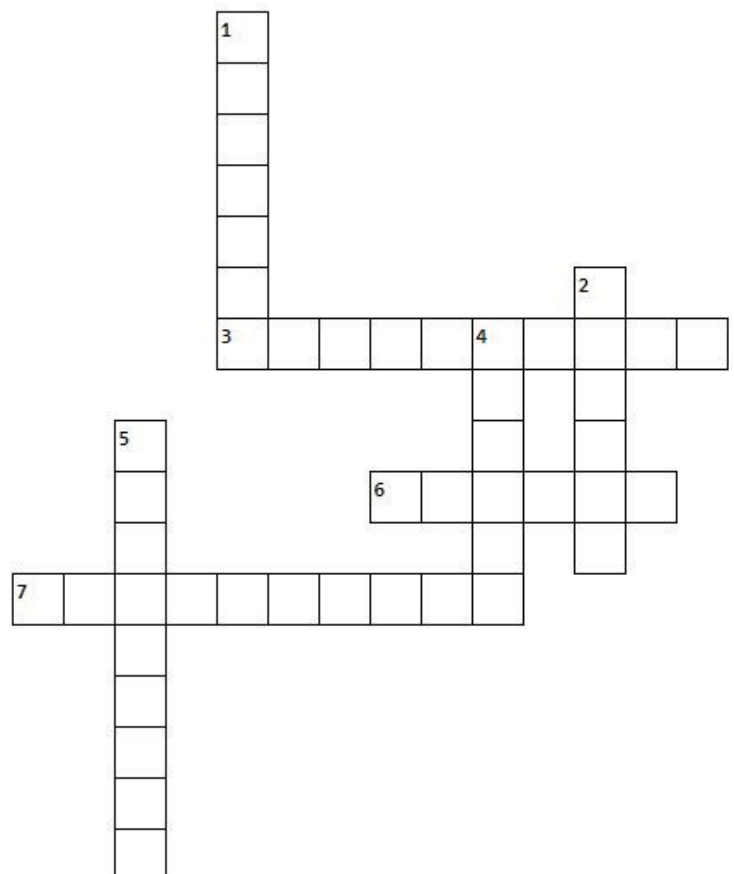
EST Crossword:

Across

3. Mental fatigue refers to a state of chronic ___ that can happen from ongoing stress
6. According to the SN.1 Circular 263 of 23rd October 2007, in respect to navigation through the entrances to the Baltic Sea, the IMO recommends the use of pilotage from Skagen to ___
7. The formal crowning of King Charles III

Down

1. Mental ___ may be an underlying symptom of other mental health conditions
2. Last name of the Fast X movie leading actor
4. Country that won the Eurovision Song Contest
5. Elon Musk's brain chip firm



Answers:
Across: 3. exhaustion, 6. Gedser, 7. coronation
Down: 1. fatigue, 2. Diesel, 4. Sweden, 5. Neuralink

King Charles III is crowned in once-in-a-generation ceremony



The family Britain's King Charles III has been crowned in a once-in-a-generation royal event witnessed by hundreds of high-profile guests inside Westminster Abbey, as well as tens of thousands of well-wishers who gathered in central London despite the rain. While Charles became King on the death of his mother, Queen Elizabeth II last September, the coronation was the formal crowning of the monarch.

The service was a profoundly religious affair, reflecting the fact that aside from being head of state of the United Kingdom and 14 other countries, Charles is also the Supreme Governor of the Church of England.

The intricate service lasted just over two hours – about an hour shorter than Elizabeth II's coronation in 1953 – and followed a traditional template that has stayed much the same for more than 1,000 years.

The King took the Coronation Oath and became the first monarch to pray aloud at his coronation. In his prayer he asked to “be a blessing” to people “of every faith and conviction.”

Tina Turner: Music legend dies at 83

Singer Tina Turner, whose soul classics and pop hits like *The Best* and *What's Love Got to Do With It* made her a superstar, has died at the age of 83.

Turner had suffered a number of health issues in recent years including cancer, a stroke and kidney failure.

She rose to fame alongside husband Ike in the 1960s with songs including *Proud Mary* and *River Deep, Mountain High*.

Dubbed the Queen of Rock 'n' Roll, Tina Turner was famed for her raunchy and energetic stage performances and husky, powerful vocals.



Her death was announced on her official Instagram page.

"With her music and her boundless passion for life, she enchanted millions of fans around the world and inspired the stars of tomorrow," the post said. "Today we say goodbye to a dear friend who leaves us all her greatest work: her music."

Sweden's Loreen wins historic second Eurovision, after emotional show in Britain



Sweden's Loreen has won the Eurovision Song Contest for a second time, earning a historic triumph at an extravagant and crowd-pleasing show held in Liverpool, United Kingdom, on behalf of Ukraine.

She became just the second performer to win the competition more than once, clinching victory with pop ballad “Tattoo” and cementing her legacy at the wildly celebrated music contest.

Loreen had previously won the contest in Baku in 2012, with her career-altering hit “Euphoria.” Her latest win means Sweden ties Ireland for the most victories in the competition, with seven – and it came 50 years after ABBA won with “Waterloo,” the moment that shot them to superstardom.

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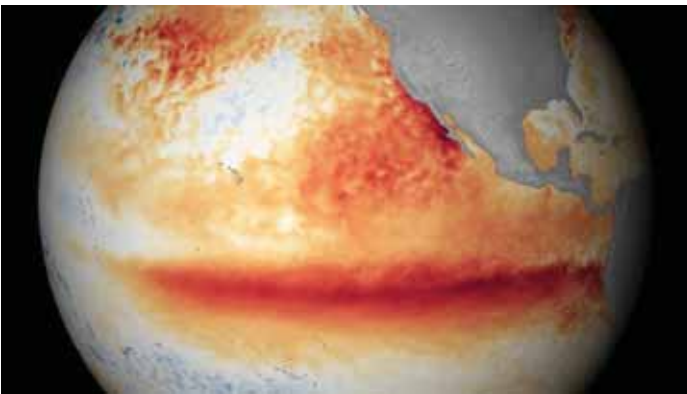
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The show was held in Britain for the first time in more than two decades, after the country – which came second last year – stepped in to handle hosting duties on behalf of 2022 winners Ukraine. Hosting honors will go to winners Sweden next year.

Global warming set to break key 1.5C limit for first time

Our overheating world is likely to break a key temperature limit for the first time over the next few years, scientists predict. Researchers say there's now a 66% chance we will pass the 1.5C global warming threshold between now and 2027.

The chances are rising due to emissions from human activities and a likely El Niño weather pattern later this year.



If the world passes the limit, scientists stress the breach, while worrying, will likely be temporary.

Hitting the threshold would mean the world is 1.5C warmer than it was during the second half of the 19th Century, before fossil fuel emissions from industrialisation really began to ramp up. And breaking the limit even for just one year is a worrying sign that warming is accelerating and not slowing down.

The 1.5C figure has become a symbol of global climate change negotiations. Countries agreed to "pursue efforts" to limit global temperature rises to 1.5C under the 2015 Paris agreement.

Going over 1.5C every year for a decade or two would see far greater impacts of warming, such as longer heatwaves, more intense storms and wildfires.

But passing the level in one of the next few years would not mean that the Paris limit had been broken. Scientists say there is still time to restrict global warming by cutting emissions sharply.

Neuralink: Elon Musk's brain chip firm says US approval won for human study

Elon Musk's brain-chip firm says it has received approval from the US Food and Drugs Administration (FDA) to conduct its first tests on humans.



The billionaire's Neuralink implant company wants to help restore people's vision and mobility by connecting brains with computers.

It says it does not have immediate plans to start recruiting participants. Mr Musk's previous ambitions to begin tests came to nothing.

The regulator itself is yet to comment.

An earlier bid by Neuralink to win FDA approval was rejected on safety grounds, according to a report in March by the Reuters news agency that cited multiple current and former employees.

Neuralink hopes to use its microchips to treat conditions such as paralysis and blindness, and to help certain disabled people use computers and mobile technology.

The chips - which have been tested in monkeys - are designed to interpret signals produced in the brain and relay information to devices via Bluetooth.

Mr Musk has also previously suggested that the proposed technology could help ease concerns about humans being displaced by AI.

Announcing Thursday's news on Twitter, Neuralink talked of an "important first step that will one day allow our technology to help many people".

The Greek Shipping Tennis Tournament 2023

The NorthStandard's Greek Shipping Tennis Tournament brought together professionals from the maritime industry, creating a vibrant and competitive atmosphere on 12, 13 and 14 May 2023. The tournament provided a fantastic opportunity for EST employees and partners to come together, not only as colleagues but as avid sports enthusiasts. Participating in such events not only promotes a healthy and active lifestyle but also fosters team spirit and camaraderie among employees.



We also take this opportunity to congratulate our Katerina Gemidopoulou, QHSE Manager/DPA Tankers for her achievement to secure the runner-up position in the Women Singles category. In addition, congratulations to our Vassilis Papaiaikovou, Deputy Risk Manager for reaching the semifinals in men's doubles.



The NorthStandard P&I Club announced that EUR 2,191 was raised in donations for local charity 'The Smile of the Child', which is vital to fund the work that goes into finding solutions for children and their families who are victims of any form of violence, missing children, children with health problems, and living in or threatened by poverty.

Euroleague 2023: Olympiakos loses the Euroleague crown at the bitter end

Sergio Llull's basket three seconds before the end broke the Reds' hearts in the Euroleague final at Kaunas, as Real Madrid beat Olympiakos 79-78 on Sunday 21st May to win its 11th European crown.

Olympiakos and Real Madrid had been fighting it out for the top geo of the table throughout the regular season, and their battle went down to the last shot of the final game when Kostas Sloukas missed the target allowing Real Madrid to lift the trophy. The Greek champion was the better team in the first quarter, leading by up to 12 points (24-12). However the never-say-die character of the Spanish giant helped it bounce back and even lead by five (45-40) just before half-time, with the first half ending with a tie (45-45).

The second half was always close but with Olym-



piakos keeping the upper hand. The players of coach Giorgos Bartzokas had several opportunities to finish off Real Madrid, but their opponents kept coming back into the game and edged ahead just three seconds from the buzzer with the sole basket by Llull in the final.

	Vessel	Flag	Class		Vessel	Flag	Class
1	Alora	BMA	BV	17	Energy Commander	IOM	DNV
2	Braverus	IOM	BV	18	Energy Triumph	IOM	DNV
3	Citius	IOM	BV	19	Furious	IOM	BV
4	Colossus	IOM	BV	20	Gladiator	BMA	BV
5	Constantia	IOM	BV	21	Heroic Striker	BMA	BV
6	Delphi Ranger	BMA	BV	22	Imperius	IOM	BV
7	Divinus	IOM	BV	23	Jaguar Max	BMA	BV
8	Dynamic Striker	IOM	BV	24	Livorno	IOM	BV
9	Energy Achilles	IOM	BV	25	Magic Striker	IOM	BV
10	Energy Afrodite	IOM	BV	26	Olympius	IOM	BV
11	Energy Apollo	IOM	BV	27	Panther Max	BMA	BV
12	Energy Ariadne	IOM	BV	28	Puma Max	BMA	BV
13	Energy Artemis	IOM	BV	29	Taurus	IOM	BV
14	Energy Athena	IOM	BV	30	Virtuous Striker	IOM	BV
15	Energy Centaur	IOM	DNV	31	Warrior	BMA	BV
16	Energy Chancellor	IOM	DNV				

Affiliated vessel

	Vessel	Flag	Class
1	Good Hope Max	IOM	BV

Calling all our seamen onboard:

We are looking for new ideas, themes & articles of your interest (e.g. hobbies, events onboard, favorite recipes, safety concerns, environmental matters, etc.) to include in the company's monthly Newsletter.

If you'd like to be featured in the next issue, please email ism@ensh.com.



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