



ENTERPRISES
SHIPPING &
TRADING S.A.

EST Newsletter



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EST'S DRUG AND ALCOHOL POLICY - ZERO TOLERANCE

The possession, consumption, trafficking and sale of alcohol and/or drug substances aboard is strictly prohibited during the seafarers' employment agreement. All Company's seafarers are subject to testing and screening for drugs and alcohol abuse. The Master has the authority to carry out an alcohol test whenever he suspects that a seafarer is under alcohol influence.

Any seafarer not complying with the Company's Drug and Alcohol Policy **shall be dismissed** immediately and shall not be re-recruited on-board the Company's ships.

EST Newbuilding Program: Delivery of MT Energy Artemis

Enterprises Shipping & Trading S.A. celebrated the beginning of the new year with the delivery of yet another ECO MR2 tanker.

The 49,812 DWT oil / chemical tanker Energy Artemis {S-1917} was successfully delivered to her new owners on 12/01/2022 by K-Shipbuilding Shipyards in Korea.

Once more, all parties involved cooperated seamlessly achieving a successful delivery and overcoming the adversities caused by the COVID-19 pandemic.

Next in line for our MR2 newbuilding program are:

- **S-1918** tbn Energy Afrodite, expected delivery in June 2022.
- **S-1919** tbn Energy Achilles, expected delivery in September 2022.



Join us in welcoming M/T Energy Artemis to our fleet with our best wishes for smooth and prosperous voyages to Captain Andrey Dvoretzkiy, Officers and crew on board!



AMVER Awards Ceremony

We are pleased to announce that our Company and Fleet were once more congratulated by the USCG for the invaluable support to provide a worldwide safety network so as to assist in search and rescue operations and save lives.

Thirty Three "Certificates of Merits" for the year 2020 were presented to ENTERPRISES at a ceremony hosted by the U.S. Coast Guard and the "International Propeller Club" held at the Intercontinental Hotel, Athens, on December 2021.

Eligibility Requirements for the Awards Program are those vessels with at least 128 days on the Amver plot in a calendar year are eligible for an award.

AMVER's success is tied directly to the number of merchant vessels regularly reporting their position. The more ships on plot, the greater the chance a ship will be identified near the position of distress.

It has to be noted that EST vessels are voluntarily participating to AMVER program for over two decades!

As such, we take great pride in the professionalism and safety culture developed among our crew and we would like to congratulate all our officers and crews on their voluntary commitment and continuous support to the safety of life at sea!



Capt. T. Triantafylidis, Head of Tankers Ops receiving the AMVER Awards on behalf of EST S.A.



EST delegation at the AMVER awards ceremony



UK MRV: Reporting Emissions Data

As advised in our Information Notice earlier in January, following UK's withdrawal from the EU, a new set of requirements for reporting CO2 emissions shall apply in addition to the existing EU MRV reporting scheme.

Therefore, as of 01.01.2022 all vessels calling ports in the UK on certain voyages will need to report under the UK MRV scheme the same data that are already required for EU MRV scheme. Data monitored under the UK MRV scheme in 2022 will be validated **in 2023 using the same deadlines as for the EU MRV process.**

Identification of UK MRV related voyages:

- ✓ Voyages between two UK ports
- ✓ Voyages between a UK and non-EEA port
- ✓ Emissions generated at a UK port for the above voyages.
- ✓ Voyages between a port in the UK and a port in one of the UK overseas territories or Crown dependencies need to be monitored and reported under the UK MRV regime. However, ports in

these overseas territories do not count as UK ports under the UK MRV regime. So, voyages between two Crown dependencies or overseas territories should not be included. Likewise, a journey from a port in an overseas territory or Crown dependency to a non-UK port should not be included.

Development and approval of UK MRV plans:

To satisfy the above requirement, an addendum to your ship specific MRV plan has been produced. This addendum describes the purpose and legal requirements, provides a timeline for the application of the UK MRV regime, an evaluation of differences between the EU and UK MRV and guidelines on voyage selection.

The methods that will be used to monitor and report emissions data in compliance with the EU/UK MRV are already described in the core EU MRV plan.

EU/UK MRV plans and relevant PALs (Plan Assessment Letter) are available in the DM library (EMM, Section F_MRV).



What's New in the QHSEMS?

New Uploads (Tankers)

- EU MRV Plans (All Tankers)
- UK MRV Plans (All Tankers)
- Energy Artemis-SEEMP Part II
- Energy Artemis-Biofouling Annex III
- Energy Artemis-VGP

Bulkers QHSEMS

1. Form 93 "Forms List for Dry Cargo Vessels"-0.6
2. Form 1171 "Ship to Shore Master-Pilot Information Exchange"-version 0.2

New Uploads (Bulkers)

- EU MRV Plans (All Bulkers)
- UK MRV Plans (All Bulkers)
- Divinus-MSMPLMP

- Furious-MSMPLMP

External Publications

- WHO-International Medical Guide for Ships
- WHO-Quantification Addendum-International Medical Guide for Ships
- WHO-Guidelines for the Treatment of Malaria
- Handbook for Inspection of Ships and Issuance of Ship Sanitation Certificates
- WHO-Guide to Ship Sanitation
- MCA-Ship Captain's Medical Guide
- CoSWP for Merchant Seafarers

Safety Awareness Handbook

- QHSE Alert 103 (Bulkers Only)

We take this opportunity to remind you that any feedback, suggestions for revisions or QHSEMS improvement are more than welcome and can be submitted to the QHSE department through a DCR ([Nav-Dynamics](#) → [DM Library](#) → [New Change Request](#)) or via the Master's Review.



“Near Miss Rewarding” Program

We are pleased to announce the seafarers entitled to \$100.00 reward this month.

Key to this is to reward diligent crew members who contribute in a responsible manner to their own safety and that of their fellow workers.

- M/T, Energy Apollo, **Second Officer Anton Davydov**
- M/T Energy Patriot, **Third Officer Mikheev Alexey**
- M/V Jaguar Max, **Cadet Bernard Marayag**



UNSAFE CONDITION



Hazard:

Lifejacket light donned to lifejacket's belt

Risk:

In an emergency, the Lifejacket's light may not be visible under water making it hard to spot a man overboard especially in rough water.

NEAR MISS



Hazard:

Not wearing the correct PPE for the job.

Risk:

While sounding ballast tanks, a crew member took off his gloves. However, the winding handle was accidentally released and the tape went down the tank too fast. The crew member tried to stop it with bare hand but fortunately, he did not cut his fingers as he reacted quickly on this occasion.

UNSAFE CONDITION



Hazard:

Drums blocking the fan's protective cover.

Risk:

In case of fire, the protective cover of the fan can not be closed as it is blocked by the drums.

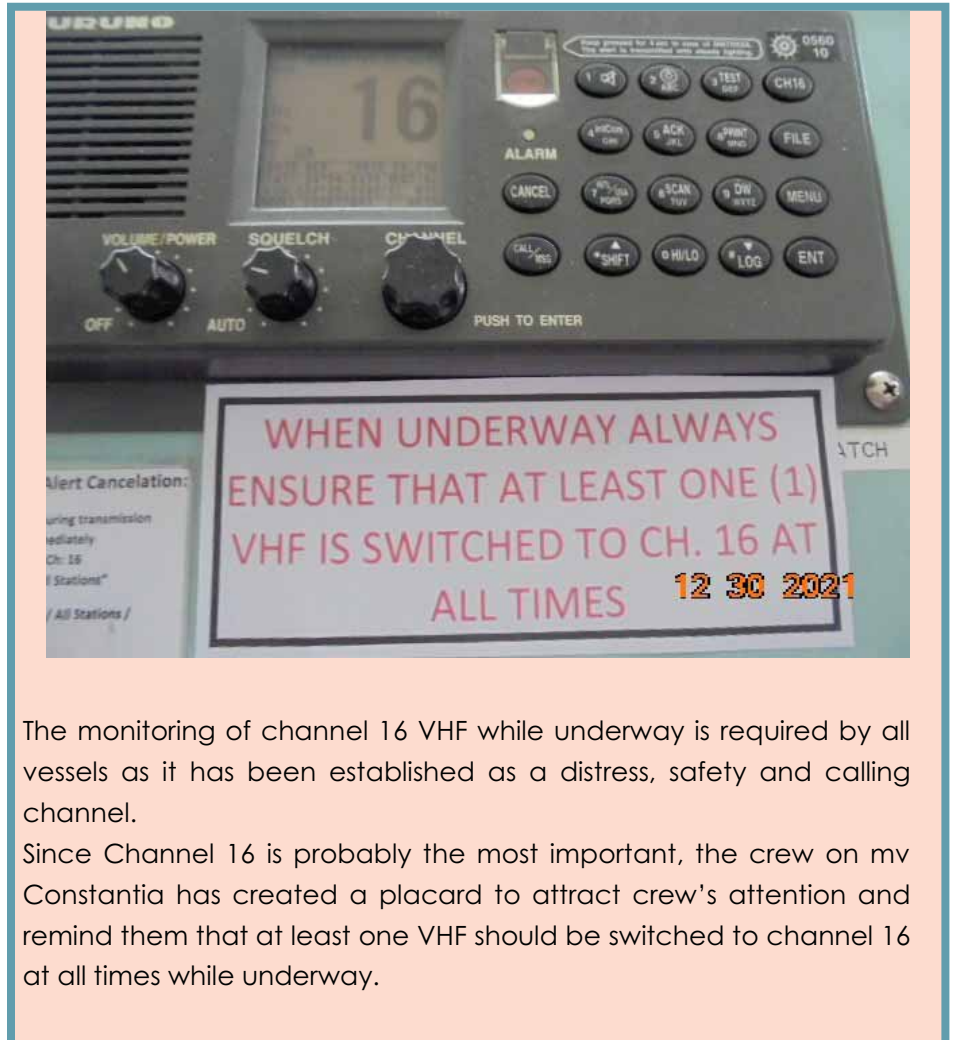
Best Practice Received by Third Officer on mv Constantia

We would like to thank
Third Officer Julito T.
Cales of mv Constantia

for providing us this Best Practice. As already mentioned in previous issues the value of implementing "Best Practices" that can improve safety standards onboard or simplify our daily performance is of great importance especially, when they address matters related to chaotic processes or dangerous work spaces.

Of even greater importance is to share them with the rest of the fleet. As such, we are looking forward to receiving your "Best Practice" that you are implementing onboard through the Near Miss software.

Keep in mind that the company rewards every month, the four most meaningful near misses / best practices / ideas.



The monitoring of channel 16 VHF while underway is required by all vessels as it has been established as a distress, safety and calling channel.

Since Channel 16 is probably the most important, the crew on mv Constantia has created a placard to attract crew's attention and remind them that at least one VHF should be switched to channel 16 at all times while underway.

"IDEA" Program: m/vs Citius, Constantia, Panther Max & m/t Energy Progress



We would like to thank once again the crew of the following vessels for submitting the last three months their IDEA as well as the Captains for supporting them to do so:

- M/V CITIUS
- M/V CONSTANTIA
- M/V PANTHER MAX
- M/T ENERGY PROGRESS

For those who are about to submit their ideas, please check our issue 133 for more information. Having in mind that all of us have good ideas for improving our job and the Company as a whole, we anticipate receiving the ideas from all ranks.



Christmas onboard m/v Olympius

We would like to thank the Captain and the crew of m/v Olympius as well as Captain Sergiy Korniyenko for sharing with us the photos from your beautiful Christmas party.

Christmas Eve



Parlor Games and Contests



MT Energy Centaur Celebrates Christmas with Festive Food!



Captain Dmitry Salnikov celebrated Christmas on board with his crew and officers. They all enjoyed an excellent meal with festive food and were kind enough to provide us these photos with the caption "Good Cook - Happy Officers"!

Photo of the Year from Alpha Marine!!



alphamarine_nvrsk
Novorossiysk

...



This would be without a doubt the best photo posted by Alpha Marine Crew Services in their Instagram account!

A culture of care and support for our seafarers and their beloved families has always been a high priority for Alpha Marine Crew Services and Enterprises Shipping & Trading S.A.

Promoting Safety On Board - STAY SAFE...

The Near Misses and Best Practices that are received monthly from our ships provide a wealth of safety related information and lessons learnt. Not all can be published in this edition but will be used in future issues. Thank you for your participation!

In this month's issue, the contributors are:

- ☆ Chief Off. Peter S. Rabia of MV Furious
- ☆ 2nd Eng. M. Andriyanov of MT Energy Athena
- ☆ Chief Off. A. Bellosillo III of MV Citius
- ☆ Chief Off. E. Bozhinskiy of MT Energy Triumph

- ☆ 3rd Off. D. Mongcal of MV Jaguar Max
- ☆ Chief Off. S. Gorbenko of MV Helvetia One
- ☆ 2nd Off. M. Shepel of MV Dynamic Striker
- ☆ 2nd Off. P. Borodinskiy of MT Energy Champion
- ☆ Chief Off. O. Yeremeyev of MV Divinus
- ☆ 2nd Eng. E. Kasyanov of MT Energy Champion

UNSAFE CONDITION & PSC Deficiency



What happened:
During a routine inspection, the floating disc of WBT 5 stbd air vent head spindle was found detached from the disc.



REMINDER:
A similar deficiency led to the detention of a fleet ship as reported in EST Newsletter 174 "WBT air vent heads and floaters"

UNSAFE ACT Use of proper PPE



What happened: Failure to use the proper PPE while working in the E/R.

UNSAFE ACT



What happened:
A crewmember was cleaning the door and frame of an A-Deck self-closing fire door without being aware of the potential danger due to an accidental release of the fire door.



Relevant warning signs were posted.

BEST PRACTICE



The knives and cutting boards in the galley were color marked in order to avoid food cross-contamination and ensure high standards of hygiene on board.

Continue in page 9

continued from page 8 "Promoting Safety On Board - STAY SAFE..."

UNSAFE CONDITION

High Risk



What happened:

While ship was en-route, some gratings leading to the freefall lifeboat (emergency muster station) were removed for maintenance works without posting a warning sign or placing a temporary cover of flat steel sheet. In addition, the gratings were not returned by the end of the working day and the openings were left unprotected.



UNSAFE CONDITION

Maintenance



What happened:

The steel handrails of monitoring platforms near cargo hold # 2 was heavily rusted and damaged.

UNSAFE CONDITION

Worn out FFE boots



What happened:

During weekly inspection, the fireman's right boot was found damaged and was immediately replaced with a new pair.



UNSAFE CONDITION



What happened:

A few cans and a bucket with tools were temporarily stowed near the air vent head of fuel tank inside the overflow box.



UNSAFE CONDITION

Worn out transportation case



What happened:

It was found during and inspection of equipment following a drill that the case containing the O2 cylinders had been partly damaged.



UNSAFE CONDITION



What happened:

The alarm signal/light device in the E/R had been unfastened due to vibration. One bolt had been completely unscrewed.

Ships with Zero PSC Deficiencies

We would like to congratulate the following Vessels & Crews for the successful PSC Inspections!

No.	Ship	Captain	Date	Port	Country
1	Energy Apollo	Valerii Moskin	03/12/2021	Tauranga	NEW ZEALAND
2	Energy Puma	Maxim Ivashov	20/12/2021	Guayanilla	PUERTO RICO
3	Helvetia One	Alex Korniyenko	30/12/2021	Durban	SOUTH AFRICA

IMPORTANT REMINDER!

New requirements regarding

MARPOL designated emission control areas (ECAs) that will enter into force on 1st January 2022

We would like to remind you of MARPOL's new requirements regarding designated emission control areas (ECAs) that will enter into force on 1st January 2022:

1. China Emission Control Areas (China ECAs)

From 1st January 2022, ships entering the Hainan emission control area must use ultra low sulphur fuel (sulphur content less than 0.10% m/m).

2. SOx Emission Control Area in Korean ports

From 1st January 2022, ships entering into Korean ECAs must burn fuel with a maximum sulphur content of 0.10% until exiting.

For more information regarding Emission Control Areas, please refer to company's Environmental Management Manual, Section D.

NOTE: It is always advisable to ask from your agent to provide you with updated information on specific regional requirements, as new local regulations or changes to existing legislation can be implemented with very little notice.

Keep Fire Doors, Watertight Doors and Doors on the Weather Decks Closed

In its 'Good Catch' initiative, The American P&I Club highlights that it can be very dangerous to tie or "hold-open" fire doors, watertight doors, and doors on the weather deck.



The Club explains that the Good

Catch initiative is a combination of short and focused guidance concentrated directly to the attention of seafarers to assure their understanding that "When you identify a hazard before someone gets hurt, it's a Good Catch."

Defining the terms

Fire doors are designed to stop the spread of fire and heat. They help isolate a fire and are key components of the structural fire protection on each vessel. Mariners have been injured and vessels have been damaged excessively because fire doors were tied open and the fire spread beyond where it should have been contained.

Watertight doors are critical to ensuring the watertight integrity of vessels. They prevent the spread of flooding and are essential for the vessel's stability. They must remain closed and dogged at all times unless specific permission is given for them to be kept open temporarily for a specified purpose and time frame.

They should never be tied open. Alarms for watertight doors should never be ignored or tampered with. Vessels have been lost because flooding progressed through open watertight doors when that boundary should have prevented further

flooding.

Doors located on a weather deck, especially the main deck are also extremely important to the safety of the vessel. As such, they should never be latched or tied open when underway. Vessels have been lost from downflooding through open doors on the main deck. Also, mariners approaching the doorway from inside the superstructure have been seriously injured when unexpectedly swept off their feet by large volumes of sea water coming through an open door on the main deck.

Potential Damages

- #1 No injury is worth the minimal amount of time and effort saved because a fire door or watertight door or door on the weather deck was tied or held open.
- #2 Fire damage can quickly add up to many hundreds of thousands of dollars if the fire spreads from where it originated to other parts of the vessel.
- #3 Flooding damage can quickly put the entire vessel at risk if allowed to progress to other parts of the vessel.

Source: <https://safety4sea.com/>

Australia: Entering Vessels Must Carry Compliant Biofouling Management Plan and Record Book from June 15 2022

As of June 15, 2022, Australia will require all vessels entering, or intending to enter, Australian territorial waters on any voyage that commenced outside Australian territorial waters to carry a compliant Biofouling Management Plan and associated Record Book.

Considering the new regulation, the American Club notes that the following information is to be included in a vessel's pre-arrival report:

- ✓ Details of any inspections of the vessel for biofouling, cleaning of biofouling or treatment for biofouling undertaken prior to the vessel's arrival in Australian territory;
- ✓ Details of any inspections of the vessel for biofouling, cleaning of biofouling or treatment for biofouling intended while the vessel is in Australian territory;
- ✓ Practices included in any plan of biofouling management for the vessel that is currently in use;



- ✓ Details of the voyage history of the vessel in the past 12 months.

A Biofouling Management Plan and associated Record Book that are compliant with IMO 2011 Guidelines for the Control and Management of Ships' Biofouling to Minimize the Transfer of Invasive Aquatic Species, will be considered sufficient in meeting the Australian biofouling management requirements.

<https://www.safety4sea.com>



Indonesia Allows 37 Coal Ships to Leave, Relaxing its Ban on Shipments

Indonesia allowed 37 vessels loaded with coal to depart, in the strongest sign yet that the world's biggest thermal coal exporter is relaxing its ban on shipments.

The ban implemented on Jan. 1 had been eased for miners that have met a requirement to sell a portion of their output for local power generation, after the state utility procured enough coal to ensure 15 days of operation. The 37 vessels included 14 ships whose clearance was announced earlier in the week.

To remind, Indonesia set the export ban after state power company Perusahaan Listrik Negara (PLN) reported critically low coal stocks at power plants and said Indonesia was on the brink of widespread power outages. The ban sent shockwaves through



global energy markets, especially in Indonesia's largest coal customers, including Japan and South Korea.

Indonesian authorities blamed its coal supply crisis on miners failing to meet their DMO (Domestic Market Obligation)

<https://www.safety4sea.com>



Suez Canal Expansion Expected to be Completed by July 2023

A project to expand parts of the Suez Canal is expected to be completed after two years of work in July 2023, according to the chairman of the Suez Canal Authority (SCA).

The SCA announced accelerated plans to extend a second channel of the canal and to enlarge an existing channel after the Ever Given container ship ran aground and blocked the waterway for six days last year.

More specifically, Chairman Osama Rabie, during the sidelines of an event in Dubai, said that "the project will be completed in 24 months. We started in July 2021 and God willing we will finish in July 2023."

The southernmost 30 km of the canal, where the Ever Given became grounded, will be widened 40 metres eastward and deepened to 72 feet from 66 feet, according to previously announced plans.

This will improve ship navigation by 28% in this difficult part of the canal, said Mr. Rabie. What is more, when asked about shipments of Iranian fuel or oil passing through the Suez Canal despite U.S. sanctions on Iranian oil sales, Mr. Rabie noted that "there's no discrimination when it comes to a country flag on ships, and Iranian oil does pass through the canal."

Despite the Ever Given blocking the Suez Canal in March 2021, the canal achieved the highest annual revenue in its history, amounting to 6.3 billion dollars, while also experiencing a 10% increase in traffic.

During March 2021, one of the world's largest ships, the Ever Given stuck in the Suez Canal, blocking the traffic for about a week, making world's head-



lights and causing supply chain issues.

This incident in addition to problems caused daily by the COVID-19 pandemic could have affected the Suez Canal. However, this did not happen, as the head of the authority explained that during 2021, 20,694 ships crossed the canal from both directions compared to the transit of 18,830 ships during the year 2020, an increase of 10%.

What is more, the total net tonnages amounted to 1.27 billion tons compared to 1.17 billion tons during the year 2020, a difference of 100 million tons. An increase of 8.5%.

SCA also plans to offer new financial incentives for ships that follow environmentally friendly standards.

According to the Egyptian daily paper El Watan, citing a TV interview with SCA Chairman Osama Rabieh, ships that follow environmentally friendly standards will be benefitted by financial incentives, offered by the Suez Canal Authority.

This development comes after another green initiative by Suez Canal, which in December announced that it will reduce rebates on canal tolls for LNG carriers from January 1 till June 30 2022.

<https://www.safety4sea.com>

BIMCO Urges GoG States to Step-up Prosecution Efforts for Pirates



Following the release of three suspected pirates held in custody on board Danish frigate Esbern Snare, BIMCO calls on African States in the Gulf of Guinea region to act and prosecute pirates who are apprehended by international navies.

BIMCO highlighted that the presence of international navies is a very important step in the right direction to keep seafarers safe but establishing a sustainable security situation in the Gulf of Guinea cannot happen without full support of the region.

"Bringing suspected pirates to justice is best done by regional coastal states" said Secretary General and CEO, David Loosley who supported that only with international collaboration between regional jurisdictions and non-regional military forces there is a tremendous potential.

To remind, in July 2021, it was reported that a Togolese court had convicted nine men of piracy following an attack on a tanker in May 2019. One of the pirates was sentenced to 15 years in prison while six were each sentenced to 12 years in prison. The Danish frigate has since the end of October 2021 been part of an international anti-piracy effort in the Gulf of Guinea to deter pirates. On 24 November, special

forces from the frigate were involved in a firefight with gunmen in a skiff full of piracy equipment in the waters south of Nigeria. Three of the suspected pirates have since been held in custody on board Esbern Snare while a fourth, who was injured, was transferred to a hospital in Ghana. On 6 January, Denmark announced it was releasing the three suspected pirates while the fourth was flown to Denmark to face a further constitutional inquiry on Friday 7 January.

"If regional coastal states help prosecute apprehended pirates it will significantly strengthen the case for capacity-building and support from the international community and underpin the development of the blue economy in West Africa"...also said BIMCO's Head of Maritime Safety and Security, Jakob Larsen.

After the incident in the Gulf of Guinea on 24 November involving the Danish frigate Esbern Snare and a suspected pirate vessel, BIMCO had been among the first stakeholders to call on all naval forces in the area to further increase the pressure on piracy groups.

Body Workout

FIST of FURY

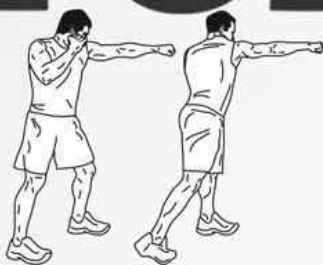
TRIBUTE WORKOUT
 © darebee.com

LEVEL I 3 sets

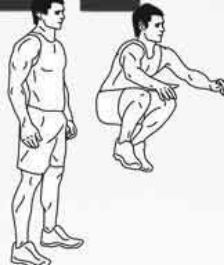
LEVEL II 5 sets

LEVEL III 7 sets

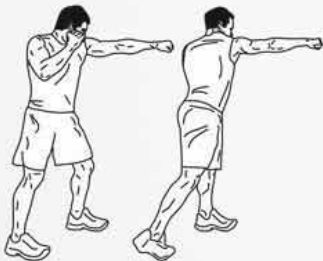
REST up to 2 minutes



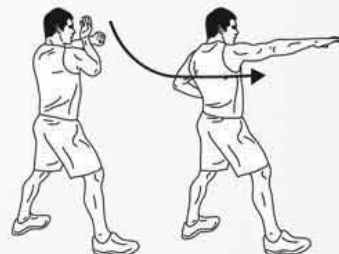
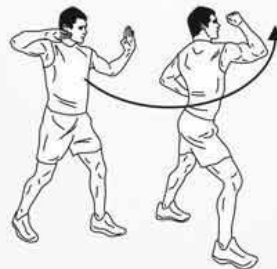
60 jab + cross



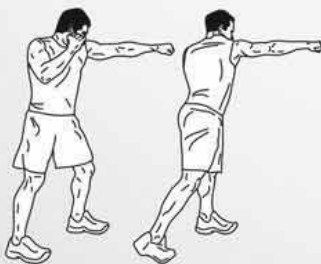
10combos jump knee tuck + front snap kick



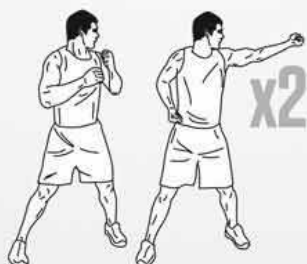
60 jab + cross



10combos mid elbow strike + knife hand strike



60 jab + cross



60 double backfists

workout finish



5 minutes
squat hold punches

'The Witcher' Season 2 Review: Henry Cavill Returns, with More Mages, Monsters and Marvels

The superior sophomore season hits its stride and sweeps us along with its thrilling battles, political intrigue, doomed loves, disgusting beasts and young hearts. Henry Cavill is spot on as the world-weary, morally riven monster hunter, Geralt of Rivia. While he does

not soak in many hot tubs alongside willing beauties, with his white hair and animal pupils, he looks like he can take on any awful creature; from the bruxa and leshy to the myriapod.

Season two begins with the victory of the northern kingdoms in the battle of Sodden. Geralt decides to take his Child Surprise, Princess Ciri (Freya Allan) of Cintra, to Kaer Morhen, a fortress where witchers train and rest, in a bid to keep her safe. Vesemir, (Kim Bodnia), Geralt's mentor, welcomes the two as do the other witchers wintering at Kaer Morhen.

The Child Surprise comes from the age-old tradition of the Law of Surprise where a person who has saved another's life can claim something the other does not know they possess. When Geralt saved Duny's life, neither knew that Princess Pavetta was carrying Duny's child. By claiming the Law of Surprise, Geralt and his Child Surprise, Ciri, are bound to each other.

Uneasy alliances are formed even as power shifts between elves, mages and humans. Yennefer (Anya Chalotra), a powerful sorceress, who paid a terrible price for her power; Fringilla, a mage aligned with the Nilfgaardians who invaded Cintra; and the elven sorceress Francesca, realise they have similar visions of the Deathless Mother.



Other mages include Tissaia, Yennefer's mentor; Triss, who Geralt invites to Kaer Morhen to help with Ciri's training; and Yennefer's friend, historian Istredd. Jaskier, the travelling bard who sings of the witcher's adventures, has chosen a Rock sound for season 2, and is as welcome as ever.

Cahir, who led the attack on Cintra, is spearheading the hunt for Ciri, while Dara, an elven refugee boy who initially helped Ciri, might be having second thoughts of his alliances. There are different factions looking for Ciri, who might be the One—to save or destroy the world.

The hunting and persecution of elves brings about uncomfortable memories of the oppression of anyone who is perceived to be the Other in terms of race, religion or sexuality.

The eight episodes storm by in an elegantly-put together parade of top-notch action, sets, CGI and costume. The last episode ends in the obligatory almighty twist and while waiting for the next season and more of the witcher's world, one can also wait for Blood Origin, a prequel set 1200 years before the events of The Witcher!

JOKES:

I told my boss three companies were after me and I needed a raise to stay at my present job. he asked which three were interested, I said the gas, electric and cable.



My boss said to me 'Can you come in on Saturday this week? I know you like your weekends but I need you here.' I said 'Yeah but I might be late though, as the public transport is bad on weekends.' He said 'That's cool when do you think you'll get here then?' I said 'Monday'



I'M SORRY I DIDN'T MEAN TO "PUSH ALL YOUR BUTTONS" I WAS JUST LOOKING FOR MUTE!



A police officer came to my house and asked me where I was between 5 and 6 He seemed irritated when I answered 'kindergarten!'



Everyone should believe in something.



I believe
I should be
on a beach
drinking margaritas.

With age comes new

skills... You can
laugh, cough,
sneeze and
pee all at the
same time!



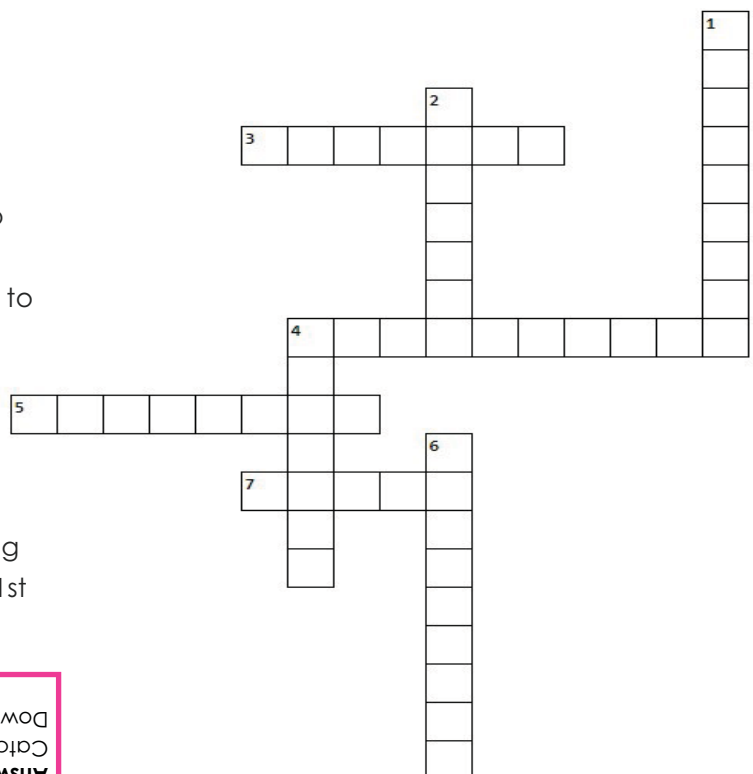
EST Crossword:

Across

3. The new COVID-19 variant
4. They will be deployed for enforcement of 'no vaccine, no ride' rule in Manila
5. This can put the entire vessel at risk if allowed to progress to other parts of the vessel
7. When you identify a hazard before someone gets hurt, it's a Good ____

Down

1. UK MRV intends to monitor ship's ____
2. Energy____: the name of EST's latest newbuilding
4. A blue____ is received as a recognition for the 1st year of participation in AMVER



Answers: Across: 3. Omicron, 4. passengers, 5. flooding, 7. Catch
Down: 1. emissions, 2. Artemis, 4. pennant

Mystery passengers' to be deployed for enforcement of 'no vaccine, no ride' rule

MANILA, Philippines — If you're taking public transportation, you may just find yourself seated next to a "mystery passenger", when the Department of Transportation's policy to ban unvaccinated people on public utility vehicles in Metro Manila takes effect. The DOTr said Friday, January 14, they will be deploying these mystery passengers in public transportation to check the enforcement of the "no vaccine, no ride" policy, which some transport groups have criticized for being impractical and violative of Filipinos' right to mobility.

"This is to ensure that our drivers are following our policy even without the presence of uniformed enforcers," DOTr Assistant Secretary Mark Steven Pastor said in Filipino in a press conference.

"We will see how our program will be implemented on



a daily basis without them knowing if there's an enforcer or government official." Pastor said the mystery passengers will be paying for their own fare when they ride public transportation, which will be sourced from the pockets of unnamed DOTr officials and not from government coffers.

The deployment of mystery passengers is only one of the solutions offered by transportation officials during the press briefing, where they were quizzed about the feasibility of the enforcement of the ban on the unvaccinated on public transportation.

The Philippines has reported a record number of new coronavirus disease (COVID-19) cases for two consecutive days

The number of new COVID-19 cases in the country reached 37,207 on Friday, Jan. 14—the highest single-day tally so far. This figure beat the previous record of 34,021 infections logged the previous day, Jan. 13.

Friday's cases brought the total case count to



3,129,512, wherein 8.5 percent or 265,509 remain active or patients undergoing treatment. Of the active cases, 8,325 have no symptoms, 252,502 are mild, 2,913 are in moderate condition, 1,469 are severe, and 300 are critical. There were also 81 new deaths and 9,027 recoveries logged on Friday, Jan 14. The recovery tally went up to 2,811,188 while the death toll stood at 52,815.

DOH Undersecretary Maria Rosario Vergeire said that they are currently setting up a mechanism in order to include the antigen test positive results to the official case tally.

Barangays to monitor the unvaccinated

Interior Undersecretary Epimaco Densing, in a press release on Jan 14, said that barangay officials will soon be



ordered to have a complete inventory of the vaccination status of all their residents by checking each and every house.

"Once the individuals, specifically the unvaccinated will be identified, they will now be monitored for the purposes of whether or not they will go out of their residence for purposes of procuring essential goods and services," Densing said. "If they will go out for nonessential purposes, they will be asked to return to their houses," he also said. If the unvaccinated refuse to return home, they will be accosted by barangay officials for not following orders, according to the DILG undersecretary, adding they will likely be brought to the barangay office to be reprimanded.

Covid: Half of Europe to be infected with Omicron within weeks - WHO



The World Health Organization has warned that half of Europe will have caught the Omicron Covid variant within the next six to eight weeks. Dr Hans Kluge said a "west-to-east tidal wave" of Omicron was sweeping across the region, on top of a surge in the Delta variant. The projection was based on the seven million new cases reported across Europe in the first week of 2022. The number of infections has more than doubled in a two-week period. "Today the Omicron variant represents a new west-to-east tidal wave, sweeping across the region on top of the Delta surge that all countries were managing until late 2021," Dr Kluge told a news conference. He quoted the Seattle-based Institute for Health Metrics and Evaluation as forecasting that "more than 50 percent of the population in the region will be infected with Omicron in the next six to eight weeks".

Anti-vaccine protesters try to storm Bulgaria's parliament

Anti-vaccine protesters tried to storm the Bulgarian parliament on 12/01 and briefly scuf-



fled with police officers during a massive rally against coronavirus restrictions in downtown Sofia. Tensions rose an hour after about 3,000 people gathered in front of the parliament building, demanding the lifting of a mandatory health pass which they said trampled on their rights and was a back-door means of forcing people to get vaccinated. Protesters, many of whom arrived on buses for the rally, pushed back a police cordon around parliament and reached the front doors of the building. They stopped short of breaking in and

called on lawmakers to come out and address their demands. Several people, including police officers, were injured during the brief clashes.

Climate change destroying homes across the Arctic

Cracked homes, buckled roads and ruptured pipelines are likely to be-



come common in and near the Arctic as warming temperatures cause frozen ground to thaw, new findings say.

Five million people live on Arctic permafrost including in Russia, North America and Scandinavia. Climate change is causing the Arctic to warm two-to-four times faster than the rest of the planet. Scientists studying the Arctic say that 70% of infrastructure and 30-50% of critical infrastructure is at high risk of damage by 2050, with projected cost of tens of billions of dollars.

Sidney Poitier: Hollywood trailblazer dies aged 94



Sidney Poitier, the first black man to win a best actor Oscar, has died at 94. Poitier was a trailblazing actor and a respected humanitarian and diplomat. He won the Academy Award for best actor for Lilies of the Field in 1963. Former US President Barack Obama said Poitier "epitomised dignity and grace" and had "singular talent". He added that the actor revealed "the power of movies to bring us closer together" and "opened doors for a generation of actors". US broadcaster and journalist Oprah Winfrey also paid tribute, saying: "For me the greatest of the 'Great Trees' has fallen," adding the actor "had an enormous soul I will forever cherish".

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Australia equals hottest day on record at 50.7C

Australia has equaled its hottest day on record after a remote coastal town reported temperatures of 50.7C. It comes after Western Australia reported large bushfires last month. One fire near Margaret River scorched through more than 6,000 hectares of land, forcing

evacuations. Luke Huntington, of the Bureau of Meteorology, said that a build-up of



hot air in the region had been caused by a lack of thunderstorms. He said people take "extra care to stay indoors with air conditioning, or if they have to be outdoors, to stay in the shade and keep up with fluids".

Mercedes electric concept car has 620 miles of range and seats made with mushrooms



Mercedes-Benz has unveiled a new all-electric concept car, the EQXX, that the company claims can go 620 miles on a single charge. Solar panels in the vehicle's roof supply supplemental energy for things like air conditioning and lights, and a leather-like material made from the underground root-like structures of mushrooms is used in the seat cushions. Mercedes plans to demonstrate the car's range in an actual driving test this spring, the company said.

Air New Zealand the worlds safest airline for 2022

This year, Air New Zealand has come out on top on the annual safety table, which monitors 385 carriers from across the globe, measuring factors such as the airlines' crash and serious incident records, the age of their aircraft, as well as Covid-19 protocols and operational innovation.

Etihad Airways took second place, while Qatar Airways came in third, with Singapore Airlines and TAP Portugal achieving fourth and fifth place respectively.



Noticeably missing from the top five is Qantas, which held the title of world's safest airline from 2014 to 2017, as well as 2019 to 2021 (no clear winner could be found in 2018).

Mediterranean diet named best diet for 2022



For the fifth year in a row, the Mediterranean diet was first across the finish line in the annual race for best diet, according to ratings announced Tuesday by U.S. News & World Report.

Pets' welfare will be considered in divorce battles in Spain

Spain will consider a pet's welfare when couples divorce or break-up obtaining shared custody of their animals. The decision follows similar moves in France and Portugal.

Animals are part of the family and when a family decides to separate, the fate of the animal must be regulated with the same importance as the fate of other family members. In October, a Madrid judge gave joint custody of a dog to an unmarried couple who decided to separate. The dog spends a month with each of them and both are legally responsible.



Novak Djokovic Arrives Back in Belgrade after Deportation from Australia



Novak Djokovic has arrived back in Serbia's capital Belgrade after his deportation from Australia ended the world No. 1 tennis player's hopes of playing in the Australian Open.

Djokovic traveled to Belgrade from Melbourne via Dubai after losing a court challenge on Sunday against the Australian government's decision to cancel his visa on public health and order grounds. The Serbian Olympic Committee said it was "very disappointed" over Australia's "scandalous decision"

to deport Djokovic, adding that a "huge injustice" had been committed.

Under Australian law, Djokovic can be banned from the country for three years, though Home Affairs Minister Karen Andrews hasn't ruled out an exemption. "Any application will be reviewed on its merits," she said.

The Australian Open is the first grand slam of the tennis season. The second is the French Open at Roland Garros, which is being staged between May 22 and June 5. But all professional athletes who wish to compete in France will have to be vaccinated against Covid-19, France's Sports Ministry told CNN on Monday. France's vaccine pass law, approved by parliament on Sunday, will require people to have a vaccine certificate to enter public places such as restaurants, cafes, cinemas and sports arenas, among others. That new legislation puts the chances of Djokovic, who has not been vaccinated against Covid-19, competing at the French Open in jeopardy.

Karim Benzema, Luka Modric Strike as REAL MADRID Beat ATHLETIC CLUB to Win SPANISH SUPER CUP



Real Madrid lifted the Spanish Super Cup as they eased to victory over Athletic Club in Riyadh, Saudi Arabia.

Goals from Luka Modric and Karim Benzema were enough to dispatch the Lions as Los Blancos hardly needed to get out of third gear.

KEY MOMENTS

18': FINGERTIP SAVE! Benzema is afforded space and time to turn, and he tries to bend the ball into the far corner, and Simon gets a fingertip to it! From the following corner, Militao beats the 'keeper to the ball'

and nods just over.

27': GOOD SAVE! Modric's cross is well nodded out by Yeray, and the next wave of Madrid pressure culminates in a Casemiro shot that is well saved by Simon.

38': GOAL! Athletic 0-1 Real (Modric): Real Madrid have the lead, and deservedly so. Breaking down the right, Rodrygo lays it back to the Croat, and the veteran bends it inside the near post beyond Simon. 1-0.

51': PENALTY! Handball given against Yeray, and Marcelino is given a yellow in the technical area for his complaints.

52' GOAL! Athletic 0-2 Real (Benzema): Karim Benzema makes no mistake, doubling Real's tally to make it 2-0, even though Simon guessed right.

87': PENALTY! RED CARD! SAVED! The referee says penalty and a red card for Militao! Wow! ... SAVED! Courtois makes the stop with his trailing leg! What a save!

Vessels Under EST Management

	Vessel	Flag	Class		Vessel	Flag	Class
1	Alora	BMA	BV	19	Energy Panther	IOM	DNV
2	Braverus	IOM	BV	20	Energy Patriot	IOM	DNV
3	Citius	IOM	BV	21	Energy Progress	IOM	DNV
4	Colossus	IOM	BV	22	Energy Puma	IOM	DNV
5	Constantia	IOM	BV	23	Energy Triumph	IOM	DNV
6	Delphi Ranger	BMA	BV	24	Furious	IOM	BV
7	Divinus	IOM	BV	25	Gladiator	BMA	BV
8	Dynamic Striker	BMA	BV	26	Helvetia One	LIB	BV
9	Energy Apollo	IOM	BV	27	Heroic Striker	BMA	BV
10	Energy Ariadne	IOM	BV	28	Imperius	IOM	BV
11	Energy Artemis	IOM	BV	29	Jaguar Max	BMA	BV
12	Energy Athena	IOM	BV	30	Magic Striker	BMA	BV
13	Energy Centaur	IOM	DNV	31	Olympius	IOM	BV
14	Energy Centurion	IOM	DNV	32	Panther Max	BMA	BV
15	Energy Challenger	IOM	DNV	33	Puma Max	BMA	BV
16	Energy Champion	IOM	DNV	34	Taurus	IOM	BV
17	Energy Chancellor	IOM	DNV	35	Virtuous Striker	BMA	BV
18	Energy Commander	IOM	DNV	36	Warrior	BMA	BV

Affiliated vessels

1	Good Hope Max	IOM	BV
2	Victorius	IOM	BV

EST - New Building Orderbook

#	Hull Nr	Name	Expected Delivery Date
1	S-1918	Energy Afrodite	June 2022
2	S-1919	Energy Achilles	Sep. 2022

Calling all our seamen onboard:

We are looking for new ideas, themes & articles of your interest (e.g. hobbies, events onboard, favorite recipes, safety concerns, environmental matters, etc.) to include in the company's monthly Newsletter.

If you'd like to be featured in the next issue, please email ism@ensh.com.



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