



# EST Newsletter

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### EST'S DRUG AND ALCOHOL POLICY - ZERO TOLERANCE

The possession, consumption, trafficking and sale of alcohol and/or drug substances aboard is strictly prohibited during the seafarers' employment agreement. All Company's seafarers are subject to testing and screening for drugs and alcohol abuse. The Master has the authority to carry out an alcohol test whenever he suspects that a seafarer is under alcohol influence.

Any seafarer not complying with the Company's Drug and Alcohol Policy **shall be dismissed** immediately and shall not be re-recruited on-board the Company's ships.

## EST Newbuilding Program: Delivery of MT Energy Ariadne

**E**nterprises Shipping & Trading S.A. has taken delivery of yet another ECO MR2 tanker.

The 49,812 DWT oil / chemical tanker Energy Ariadne {S-1916} was successfully delivered on 27/04/2021 by STX Shipyards in Korea.

Once more, all parties involved co-operated seamlessly achieving a successful delivery and overcoming the adversities caused by the COVID-19 pandemic.

Next in line for our MR2 newbuilding program at STX is Hull number S-1917 ex-



pected in November 2021 and S-1918 and expected delivery in Q3 2022.

**Join us in welcoming M/T Energy Ariadne to our fleet with our best wishes for smooth and prosperous voyages to Captain Sergey Vlasenko, Officers and crew on board!**



## What's New in the QHSEMS?

### Tankers QHSEMS

1. Policy Manual Tankers – version 0.3
2. ESTSA 425 “Bunkering Safety Checklist” – version 0.2
3. WIM Part IV Section A\_SHOREBASED Contingency Planning – version 0.5
4. ESTSA 218 “Cargo Related Equipment Maintenance\_test records” – version 0.2
5. WIM Part III Section D\_Cargo Handling – version 0.4
6. ESTSA 246 “Discharging Info Exchange” – version 0.2

### New Uploads (Tankers):

- Technical Live Messages
- SEEMP Part II (Energy Athena, Energy Ariadne)
- MSLMP (Energy Athena, Energy Ariadne)
- ESTSA 428A “Supplement to Inspection through Scavenge Ports”
- VRP (All Tankers)
- EMM, Section F “MRV” Monitoring Plan (Energy Athena)

- IHM Manual (Energy Apollo)
- SERS (All Tankers)
- COVID 19 -ICS Covid 19 Guidance for ship operators for the protection of the health of seafarers

### Bulkers QHSEMS

1. Form 36 “Status of Certificates and Safety Equipment - version 0.2
2. WIM, Section G “Shorebased Contingency Plan” - version 0.4

### New Uploads (Bulkers):

- Biofouling Management Plan (All Bulkers)
- Recovery of Persons from the Water (All Bulkers)

### USER Manuals

- Guide for installation of the RH Manager
- RH Manager Quick Start Guide

We take this opportunity to remind you that any feedback, suggestions for revisions or QHSEMS improvement are more than welcome and can be submitted to the QHSE department through a DCR ([Nav-Dynamics](#) → [DM Library](#) → [New Change Request](#)) or via the Master's Review.

# “Near Miss Rewarding” Program

**W**e are pleased to announce the seafarers entitled to \$100.00 reward this month.

Key to this is to reward diligent crew members who contribute in a responsible manner to their own safety and that of their fellow workers.

- M/T Energy Progress, **Second Officer S. Shovkun**
- M/V Heroic Striker, **Oiler V. Tremasov**
- M/V Taurus, **Third Officer Inocente Guimbaolibot**



### Hazard:

Bolts securing the seating arrangements to the ceiling are very loose inside the lifeboat

### Risk:

Serious injury or fatality during lifeboat's launching



### Hazard:

Embarkation ladder not properly secured to pad eye on deck

### Risk:

Losing the embarkation ladder at sea during ship's evacuation.



### Hazard:

Bolts with round heads were provided to the vessel by ship chandler

### Risk:

Difficult to remove bolts in order to carry out maintenance work which can also result to a hand injury if the spanner slips out from the bolt.

# Best Practice by m/t Energy Triumph

**W**e would like to thank Second Officer Gakaev Adam of **mt Energy Triumph** for providing us this Best Practice. As already mentioned in previous issues the value of implementing "Best Practices" that can improve safety standards onboard or simplify our daily performance is of great importance especially, when they address matters related to chaotic processes or dangerous work spaces.

Of even greater importance is to share them with the rest of the fleet. As such, we are looking forward to receiving your "Best Practice" that you are implementing onboard through the Near Miss software.

Keep in mind that the company rewards every month, the four most meaningful near misses / best practices.



On mt Energy Triumph it was observed by the crew that the lines securing the emergency embarkation ladder to the deck were not protected from external factors such as bad weather condition or sunlight.

In an emergency, the lines can break and people may lose their lives from falling into sea.

Thus, protective covers were made to protect the lines from various whether condition.



## “IDEA” Program: mv Constantia and mt Energy Progress



We would like to thank once again the crew of the following vessels for submitting the last three months their IDEA as well as the Captains for supporting them to do so:

- M/V CONSTANTIA
- M/T ENERGY PROGRESS

For those who are about to submit their ideas, please check our issue 133 for more information.

Having in mind that all of us have good ideas for improving our job and the Company as a whole, we anticipate receiving the ideas from all ranks.



# 12 Mistakes to Avoid for Maintaining Mental Health

WHO defines mental health “as state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully and is able to make a contribution to her or his community.”

The COVID-19 crisis has posed many challenges to the industry stakeholders across the globe, especially to seafarers who are sailing with the ships extending their contracts due to crew change

issues as well as to those who stay at their homes and cannot join vessels, facing financial difficulties.

Separation from family, lack of shore leave, and the simple stress of everyday workload are few more challenging factors for seafarers' mental health and even more in times of crises such as the COVID-19 pandemic.

But what are the key mistakes we all make that may deteriorate these stressful factors?

The infographic features a central illustration of a seafarer in an orange uniform standing on a grey path that leads towards a large brain composed of puzzle pieces. The path is marked with 'SAFETY4SEA' and has three red-and-white striped barriers. Surrounding the central image are 12 circular icons, each paired with a text box describing a common mental health mistake.

- Mistaking thoughts for facts:** Thoughts contain scenarios often impossible in real world. (Icon: head with speech bubbles)
- Underestimate importance of exercise:** Exercise boosts us physically and mentally, to better handle stress. (Icon: person with dumbbells)
- Forget to be respectful:** Harmonic co-existence with others is a main component of overall wellbeing. (Icon: two hands shaking)
- Turn in upon yourself:** Share your problems with a mate; you all have one another for a few months after all. (Icon: arrow pointing to a person)
- Absorb yourself on screen:** Excess use of social media is a trap for socialization and bonding onboard. (Icon: hand holding a smartphone)
- Neglect socialization onboard:** Encourage social activities, don't wait for others to think of all the good ideas! (Icon: three people silhouettes)
- Neglecting proper rest:** Quality sleep does much more than just prevent fatigue during the day! (Icon: bed with clock)
- Avoid dealing with your stress:** Not meditating or talking to someone is a serious disservice for mental health. (Icon: person sitting at a desk with a stack of papers)
- Dwelling on what goes wrong:** Rumination is self-sabotage; try to distract yourself from negative thoughts. (Icon: head with a downward arrow)
- Isolating from loved ones:** Social isolation typically serves to worsen depression and how we feel. (Icon: group of people with one person separated)
- Eating unhealthy:** Researches have confirmed a link between junk food and depression. (Icon: burger and drink)
- Falling into the "if only" trap:** Accept things as they are and enjoy the moment. (Icon: person sitting at a desk)

# Promoting Safety On Board - STAY SAFE...

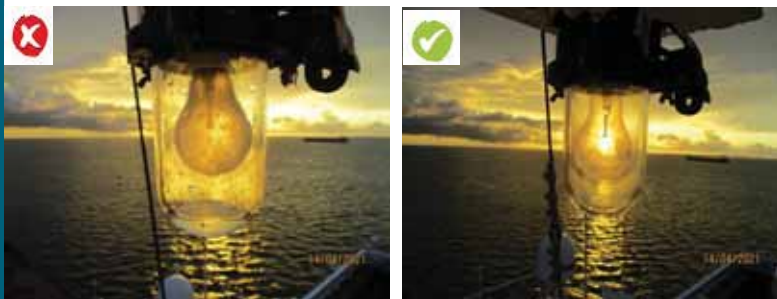
The Near Misses and Best Practices that are received monthly from our ships provide a wealth of safety related information and lessons learnt. Not all can be published in this edition but will be used in future issues. Thank you for your participation!

In this month's issue, the contributors are:

- ☆ Chief Off. O. Pedko of MV Divinus
- ☆ Chief Eng. O. Lysak of MV Virtuous Striker
- ☆ Chief Off. V. Gorbutov of MT Energy Apollo

- ☆ Chief Off. S. Gumma of MT Energy Progress
- ☆ Bosun M. Smyrnov of MV Delphi Ranger
- ☆ 2nd Eng. S. Virshych of MV Helvetia One
- ☆ Chief Off. V. Sergiyenko of MV Warrior
- ☆ 3rd Eng. V. Antonov of MT Energy Commander

## UNSAFE CONDITION & Common PSC deficiency



**What happened:** During a job pre-planning inspection, one of the white navigational lights on the main must was found partly flooded due to not being properly secured.  
**Always ensure that navigation lights are watertight and any worn rubber gaskets are timely replaced.**



**What happened:** A light on Deck B was found damaged.

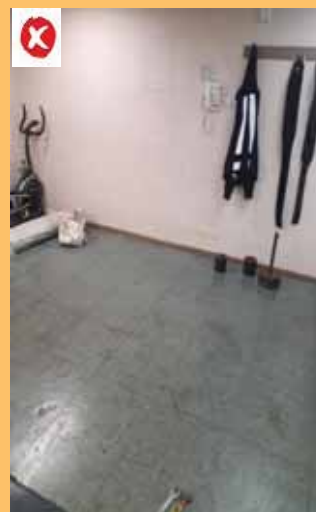
## UNSAFE ACT



**What happened:** The personal gas detector was incorrectly attached to the crew's coverall, in such a way that the readings could not be readily viewed.

**Hazard:**  
**Asphyxiation**

## BEST PRACTICE



**What happened:** The floor in the gym was bare and unprotected. It was then decided to place protective mat in order to avoid crew injury during working out, as well as floor damages due to heavy weights and equipment.

Continue in page 7

## UNSAFE ACTS: Working at Height without appropriate PPE



**What happened:** An AB was observed working at height without a safety harness and helmet. Work was stopped and resumed only after proper PPE were worn.



**What happened:** The Oiler was cleaning the air ventilation grating in the E/R at a height in excess of 2.5 meters, wearing a safety belt that was not properly secured.

**Ensure that proper PPE are worn when working at height in accordance with Safety Label # 16.**

### UNSAFE CONDITION



**What happened:** During daily inspection of galley, food and leftovers were found improperly stored in the fridge.  
**Hazard:** Health & Hygiene

### UNSAFE CONDITION



**What happened:** During a routine inspection, the poster concerning life raft launching procedure was found to be unreadable.

**During routine inspections always make sure that safety posters are in good condition and easily readable.**

### UNSAFE CONDITION



**What happened:** A fire hose reel was found broken due to heavy rust.

### UNSAFE CONDITION



**What happened:** During a safety round in the E/R before starting UMS, a grinder machine was found connected to power without a receptacle.

# Ships with Zero PSC Deficiencies

| No. | Ship             | Captain                | Date       | Port                | Country  |
|-----|------------------|------------------------|------------|---------------------|----------|
| 1   | Energy Athena    | Oleg Grebelny          | 02/04/2021 | Ho Chi Minh         | VIETNAM  |
| 2   | Helvetia One     | Vitaliy Gubenko        | 06/04/2021 | Kure                | JAPAN    |
| 3   | Warrior          | Ryszard Wozniak        | 11/04/2021 | Constantza          | ROMANIA  |
| 4   | Dynamic Striker  | Yuriy Samovych         | 12/04/2021 | Swinoujscie         | POLAND   |
| 5   | Magic Striker    | Eduard Kuzmin          | 13/04/2021 | Manzanillo          | MEXICO   |
| 6   | Energy Patriot   | Andrei Gavrilenko      | 15/04/2021 | Cartagena           | COLOMBIA |
| 7   | Energy Centurion | Sergey Fedorov         | 18/04/2021 | Stapleton Anchorage | USA      |
| 8   | Energy Progress  | Vitaliy Khomchenko     | 18/04/2021 | Dartmouth           | CANADA   |
| 9   | Energy Triumph   | Sergey Velichko        | 22/04/2021 | Fujairah            | UAE      |
| 10  | Citius           | Peter S. Flores        | 23/04/2021 | Yuzhniy             | UKRAINE  |
| 11  | Energy Centaur   | Aleksandr Otrubennikov | 30/04/2021 | New York            | USA      |

## IMPORTANT REMINDER!

**During a PSC INSPECTION the following deficiency was issued :**

*Routes to Muster station (stairways and corridors) are not marked by Muster station IMO symbol*

Based on IMO resolution A.116(30) new signage for means of escape should be placed on board for vessels constructed after 1st January 2019 and by all existing vessels which undergo repairs, alterations, modifications and outfitting within the scope of SOLAS chapters II-2 and/or III, as applicable, on or after 1 January 2019.

PSCO may request from the Masters to update the signs, even though the ship under the regulations could wait until the first repairs alterations, modifications, and outfitting after the 1st January 2019.

**NEW SIGN**



Means of escape sign; Direction to; Assembly station  
Based on IMO resolution A.1116(30) in force 1st January 2019.  
IMO MES001 ISO 7010-E032

**OLD SIGN**



Pre 2019 Shipboard assembly station; with text "Muster Station".



# How to Work Safely with Hatch Covers

**T**his article explains the key issues of hatch cover security and to steer mariners towards active maintenance.

*Ensuring that the hatch covers are well maintained reduces the number and cost of cargo wet damage claims.* In fact, the most common cause of cargo wet damage claims on dry cargo ships is attributed to leaking hatch covers.

Hatches leak for a variety of reasons, but mainly because of poor maintenance or failure to close them properly. Leaking or badly maintained hatch covers can lead to more serious consequences than wet cargo, including flooding, accelerated corrosion or even loss of the ship. It is crucial for safety at sea and protection of the environment to maintain hatch cover weather tightness and strength.

There is a common misconception throughout the industry as to whether hatches are constructed to be watertight or weather tight. A watertight closure is designed to withstand water pressure from both sides of the structure, while weather tight means that regardless of the sea conditions, water will not penetrate the ship. In addition, hatch covers are constructed to be weather tight, which means that, in any transient condition, water shall not penetrate through the covers or the double drainage system. However, a minor leakage into a cargo hold during a hatch cover test is often erroneously considered to be within a weather tight standard; in practice, no leakage is the standard for weather tightness.

Research shows that many mariners consider hatches to be robust, monolithic structures and thereby fail to appreciate the small tolerances on panel alignment and gasket compression. In fact, hatch covers are complex, precision-made structures that need to be handled with care.

In addition, P&I Club condition surveys and claims analysis indicate that, in many cases,



hatch cover maintenance is not considered to be important and when maintenance is carried out, it is often not done in line with the manufacturers' guidance or industry best practice. Furthermore, repairs are often only carried out after a ship has failed a hatch cover tightness test at the load port. In such cases, maintenance is often done in haste, in an unplanned manner and without proper care to the guide notes.

Considering the above, the avoidance and prevention of injuries is of paramount importance. Before working on a hatch, a risk assessment should be completed to identify all hazards.

## **The following points should be kept in mind:**

- Always wear the correct protective clothing, boots and hard hats;
- Always test the hold atmosphere before entering;
- Never stand on a moving hatch cover;
- Never stand on a hatch coaming when the hatch is open;
- Never work on a hatch cover when the locking pin or hook is not fitted and secure;
- Never open or close a hatch cover without ensuring the coaming is clear of debris and checking that all personnel are clear of the moving hatch and its channels or wires;
- When opening or closing a hatch, never attempt to clear an obstruction with your hands;
- When hatches are opened at sea, always secure them to the coaming top by lowering the wheels into a guide pocket, or by fixing restraining wires.

# News: Speed restrictions for the protection of North Atlantic Right Whales

**N**orth American rights whales are one of the most endangered large whale species in the world. Due to changing migration patterns and the increased presence of North Atlantic right whales in the Gulf of St. Lawrence, the Government of Canada has updated its measures which aim to reduce the risk of collisions between whales and ships. Seasonable speed restrictions continue to apply in specific zones. Transport Canada has issued a new bulletin outlining the speed restriction that ships must follow in the Gulf of St. Lawrence. The bulletin sets out the changes to the speed restriction zones which are effective as of 28 April 2021 to 15 November 2021.

## Changes to speed restriction zones and measures:

- For a second consecutive year, a trial voluntary slowdown of 10.0 knots over the ground span-

ning from Cabot Strait (a line running from Cape North NS to Cape Ray NL) to the eastern edge of dynamic shipping zone E will be implemented at the beginning and end of the North Atlantic right whale season.

- Again this year, a restricted area located in and near Shediac Valley. The location and size are both based on historical data of North Atlantic right whale aggregations, while the triggering mechanism is based on in-season detections.



# Shanghai MSA launches (CIC) on propulsion and auxiliary machinery

**F**ollowing a serious collision accident taking place in the deep water channel of Changjiangkou (CJK) area in December 2020, Shanghai MSA launches Concentrated Inspection Campaign (CIC) on propulsion and auxiliary machinery running from 15 March to 15 June 2021.

As part of the CIC, Port State Control Officers (PSCOs) will carry out detailed inspections to verify critical areas such as:

- steering gear
- main propulsion machinery
- auxiliary engines / generators

- emergency power arrangements
- alarm systems
- crew familiarization
- operational controls

Unlike the CICs launched by PSC MoUs, the MSA will not be publicly issuing a questionnaire covering the scope of the inspection.



# New EU-funded project eyes greener European ports



**A**n international consortium of 46 partners led by the Belgian Port of Antwerp will receive a €25 million grant from the European Horizon 2020 programme to showcase concrete solutions for reducing GHG emissions while safeguarding competitiveness in European ports.

The PIONEERS consortium representing ports, terminal and transport operators, forwarders, knowledge institutes, technology developers, innovators, and public entities will rethink all aspects of port operations, ranging from terminal operations, concession agreements, mobility, connectivity, fuels to models for co-operation and production, storage and use of energy. The project has a timeframe of 5 years starting at the end of 2021.

The PIONEERS (**P**ortable **I**nnovation **O**pen **N**etwork for **E**fficiency and **E**missions **R**eduction **S**olutions) consortium convinced evaluators with a variety of 19 ambitious demonstrators in the field of clean energy production and supply, sustainable port design, modal shift and flows optimization, and digital transformation.

The actions include renewable energy generation and deployment of electric, hydrogen and methanol

vehicles; building and heating networks retrofit for energy efficiency; implementation of circular economy approaches in infrastructure works; automation; and deployment of digital platforms to promote modal shift and ensure optimized vehicle, vessel and container movements.

Port of Antwerp will host the majority of demonstrators and showcase a real life Green Port. The ports of Barcelona, Constanta and Venlo, as fellow ports, will play an active role in maximizing the transferability of the solutions and are engaged to implement the best practices from the project.

The PIONEERS project is in line with the Port of Antwerp's commitment to becoming a carbon-neutral port in 2050, through partnerships and active dialogue with a wide stakeholder network.

Port of Antwerp aims to be the first world port that reconciles economy, people and climate. In order to be climate-neutral by 2050, we need to act now. PIONEERS proves how ambitious Port of Antwerp is in pioneering together with a wide stakeholder network to achieve our goal, ...said Jacques Vandermeiren, CEO Port of Antwerp.

# Building Resilience: Spotting the behavioral signs of poor mental health



In times of high stress, many people are overwhelmed with negative feelings and concerns. Especially for seafarers, worrying situations may result in high pressure due to the demanding nature of their work onboard. These may not go away overnight and when situations get difficult and out of control, consequently impact individuals' mental health.

**T**he second edition of INTERTANKO's "Crew Welfare Management and Mental Wellness" highlights the importance of spotting the early signs of distress. Don't overlook the pressures on sea staff; take time to look out for your crew's welfare and help them share their true feelings and thoughts.

## **Embrace Empathetic Listening**

- Be non-judgmental – allow people to express their worries or stress
- Give the person your undivided attention
- Listen carefully (to feelings and facts)
- Show concern by asking about their families and their wellbeing
- Follow up, especially with those who show signs of weak coping ability

## **Behavioral signs of poor mental health: Look out for your crew's welfare**

1. Increased smoking and drinking
2. Using recreational drugs
3. Withdrawal syndrome
4. Resigned attitude
5. Irritability, anger or aggression
6. Overexcitement or euphoria
7. Restlessness
8. Intense or obsessive activity
9. Repetitive speech or activity
10. Uncharacteristic errors
11. Uncharacteristic problems with colleagues
12. Apparent over-reaction to problems
13. Disruptive or anti-social behavior

# MILITARY FIT

© darebee.com

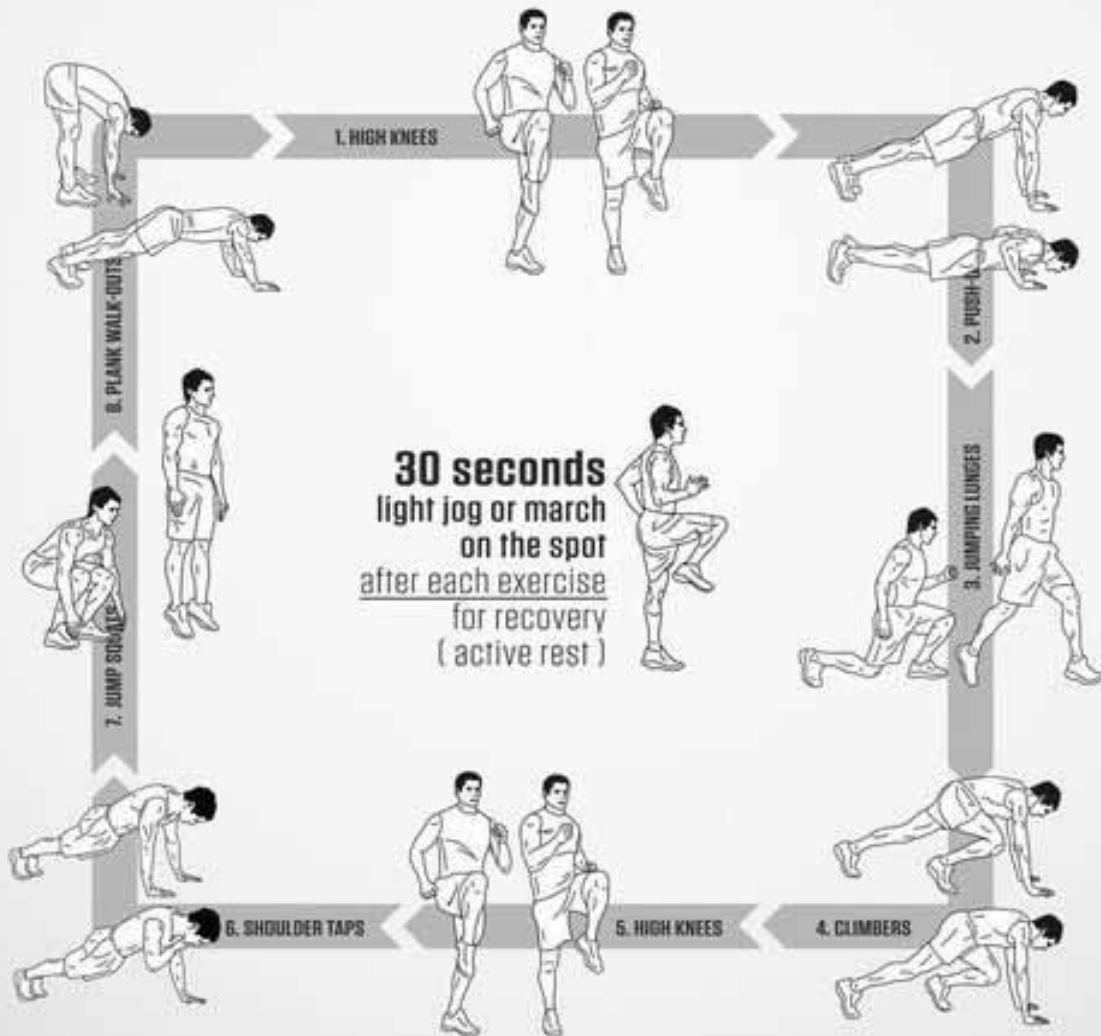
20 seconds each - warmup

set 1 30 seconds each exercise

set 2 40 seconds each exercise

set 3 60 seconds each exercise

3 sets all levels | no rest between sets



# Oscars 2021: The winners in full

**H**ollywood's biggest night has taken place, honouring the movie industry's finest from the past 12 months. Here is the full list of the winners of the 93rd Academy Awards.



Mank led the charge with 10 nominations

Best picture: **Nomadland**

Best actress: **Frances McDormand** - **Nomadland**

Best actor: **Anthony Hopkins** - **The Father**

Best supporting actress: **Yuh-Jung Youn** - **Minari**

Best supporting actor: **Daniel Kaluuya** - **Judas and the Black Messiah**

Best director: **Nomadland** - **Chloé Zhao**

Best original screenplay: **Promising Young Woman** - **Emerald Fennell**

Best adapted screenplay: **The Father** - **Christopher Hampton, Florian Zeller**

Best animated feature: **Soul**

Best documentary feature: **My Octopus Teacher** - **Pippa Ehrlich, James Reed and Craig Foster**

Best international feature: **Another Round (Denmark)**

Best original song: **Fight For You** - **Judas and the Black Messiah (H.E.R., Dernst Emile II and Tiara Thomas)**

Best original score: **Soul** - **Trent Reznor, Atticus Ross and Jon Batiste**

Best cinematography: **Mank** - **Erik Messerschmidt**

Best visual effects: **Tenet** - **Andrew Jackson, David Lee, Andrew Lockley and Scott Fisher**

Best film editing: **Sound of Metal** - **Mikkel EG Nielsen**

Best costume design: **Ma Rainey's Black Bottom** - **Ann Roth**



Daniel Kaluuya wins Best Supporting Actor



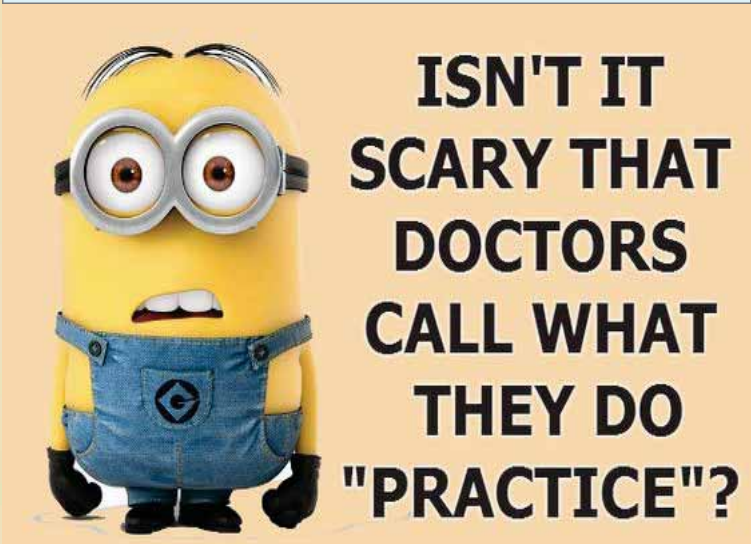
Chloe Zhao wins Best Director for "Nomadland"



**JOKES:**



One minute you're young and fun. And the next, you're turning down the stereo in your car to see better.



**MY BED IS A MAGICAL  
PLACE WHERE I  
SUDDENLY**



**REMEMBER EVERYTHING  
I WAS SUPPOSED TO DO.**

**CHUCK NORRIS HAS BEEN  
EXPOSED TO THE CORONAVIRUS**



**THE VIRUS IS NOW IN QUARANTINE  
FOR THE NEXT TWO WEEKS**

## Philippine President declares a state of calamity due to the African swine fever (ASF)

President Rodrigo Duterte has placed the country under a state of calamity because of the African swine fever (ASF) outbreak that led to huge losses in the local hog industry and higher prices of pork products, Malacañang said.

Through Proclamation 1143 signed on Monday and released on Tuesday, Duterte declared a state of calamity throughout the country for a year. The calamity declaration could be lifted or extended as circumstances warrant.

Duterte said the ASF is responsible for the significant reduction in the country's swine population by around 3 million hogs, resulting in more than P100 billion in losses to the local hog sector and allied industries, and leading to increased retail prices of pork products. "There is an urgent need to address the continued spread of ASF and its adverse impacts, to jumpstart the rehabilitation of the local hog industry, and to ensure the availability, adequacy and affordability of pork products, all for the purpose of attaining food security," the President said in his proclamation."



The calamity declaration will provide the national government and local governments ample latitude to utilize appropriate funds, including the quick response fund, in their response efforts to contain the continuing spread of the ASF and restore normalcy in ASF-affected areas.

The President enjoined all government agencies and local government units "to render full assistance to and cooperation with each other, and mobilize the necessary resources to undertake critical, urgent, and appropriate measures in a timely manner to curtail the further spread of ASF, address the supply deficit in pork products, reduce retail prices, and jumpstart the rehabilitation of the local hog industry."



## Magnitude 5.8 quake rocks Metro Manila, Luzon

A magnitude 5.8 earthquake rocked several areas in Luzon, including Metro Manila, in the morning of May 12th, state seismologists said.

The Philippine Institute of Volcanology and Seismology (Phivolcs) said there were no immediate reports of damage or injuries from the temblor, but it warned of possible aftershocks. The quake occurred at 9:09 a.m., with its epicenter located 11 kilometers northwest of Abra de Ilog in Occidental Mindoro.

Phivolcs said the quake had a depth of 106 km and was tectonic in origin.

The National Disaster Risk Reduction and Manage-



ment Council (NDRRMC) has not received any reports of damage or casualties from the earthquake.

Assessments at the local disaster risk reduction units are ongoing and the public is advised to expect aftershocks.

Mimaropa (Mindoro, Marinduque, Romblon and Palawan) police said it has not received any report of deaths and injuries from the earthquake.





## Suez Canal to cut Ever Given claims by \$300 million



The SCA also offered payment terms to the Ever Given owners, without receiving a response yet. What is more, an Egyptian court granted the Suez Canal Authority's request for the seizure of the vessel in mid-April as compensation talks were continuing.

Following this decision, the vessel's owner filed an appeal before the Ismailia court against Egypt's decision to seize the vessel and its cargo.

The blockage heavily disrupted shipping markets, as hundreds of vessels had to wait for the canal to reopen.

Now, according to SCA, compensation is necessary in order to cover losses of transit fees, damage to the waterway during the dredging and salvage efforts, as well as for the cost of equipment and labor. Moreover, after the re-floating of the Ever Given in the Suez Canal, the owners of the ship have declared a General Average. Commenting on this development, the British International Freight Association (BIFA), said that those who have containers on board will be asked for an indemnity or a deposit.

## Israel declares emergency in Lod as unrest spreads

Israel has declared a state of emergency in the central city of Lod after rioting by Israeli Arabs, as conflict between Israeli forces and Palestinian militants intensified.

Cars were set alight and a father and daughter - both Israeli Arabs - died when a rocket from Gaza hit their car.

Palestinian militants fired hundreds of rockets deep into Israel, while Israel carried out heavy air strikes on



Gaza. At least 40 people have died in some of the worst violence in years.

Israel's military says it is targeting militants in Gaza in response to rocket attacks on Jerusalem and other areas.

More than 1,000 rockets have been fired towards central and southern Israel by Palestinian militants since Monday evening, when hostilities suddenly escalated, the Israeli army said.

Protests by Israeli Arabs broke out in Lod, a city near Tel Aviv, and escalated to full-scale rioting, with protesters throwing rocks at police, who responded with stun grenades. The protests followed the funeral of an Israeli Arab man who died during unrest in the city a day earlier.

## US fuel pipeline 'paid hackers \$5m in ransom'



A major US fuel pipeline has reportedly paid cyber-criminal gang DarkSide nearly \$5m (£3.6m) in ransom, following a cyber-attack.

Colonial Pipeline suffered a ransomware cyber-attack over the weekend and took its service down for five days, causing supplies to tighten across the US.

CNN, the New York Times, Bloomberg and the Wall Street Journal all reported a ransom was paid, citing sources.

Continue on page 18

Colonial said on Thursday that it would not comment on the issue.

On Friday, Japanese consumer tech giant Toshiba said its European division in France had been hit by the same cyber-criminal gang.

### Covid: Serious failures in WHO and global response, report finds

The Covid-19 pandemic was preventable, an independent review panel has said.



*Crematorium in India in recent weeks amid a devastating Covid wave*

The panel, set up by the World Health Organization, said the combined response of the WHO and global governments was a "toxic cocktail".

The WHO should have declared a global emergency earlier than it did, its report said, adding that without urgent change the world was vulnerable to another major disease outbreak.

More than 3.3 million people around the world have now died of Covid.

While the US and Europe are beginning to ease restrictions and resume some aspects of pre-pandemic life, the virus is still devastating parts of Asia.

India in particular is seeing record-breaking numbers of new cases and deaths, with severe oxygen shortages in hospitals across the country.

Countries neighbouring India, such as Nepal, are also seeing surges of the virus.

### Airbnb predicts unprecedented rebound in travel

Online booking platform Airbnb is predicting a travel rebound "unlike anything we have seen before" after seeing a big jump in holiday bookings.

In the first three months of the year, US bookings beat pre-pandemic levels, while there was a "steady improvement" in business in the UK and France.

Demand for breaks has risen as some countries emerge from lockdowns. However, although Airbnb's



revenue rose to \$886.9m in the quarter, it reported a net loss of \$59m as it paid back Covid-related loans.

The San Francisco-based firm has fared well in comparison with other hospitality businesses, with consumers showing a preference for more space and properties away from city centres during the pandemic.

The company said, however, it was still too early to give financial projections for the rest of the year. It warned that business would depend on the "severity and duration" of ongoing travel restrictions, particularly outside of the US.

### Friends reunion premiere date and celebrity guests announced



The much-anticipated reunion special of Friends has finally got a release date and trailer after a lengthy delay caused by the coronavirus pandemic. Friends: The Reunion will be available on the HBO Max streaming service from 27 May.

Friends was one of the biggest sitcoms of the 90s and ended in 2004.

The 10-series show has found a new generation of fans thanks to re-runs and streaming services like Netflix.

All six members of the original cast - Matthew Perry (Chandler), Jennifer Aniston (Rachel), Courteney Cox (Monica), Lisa Kudrow (Phoebe), Matt LeBlanc (Joey) and David Schwimmer (Ross) - are set to take part.

## EUROPEAN AQUATIC CHAMPIONSHIP 2021

### Ukraine Wins Two Titles on Second Day of European Aquatic Championships in Budapest

Ukraine clinched two titles on the second day in Budapest: one in artistic swimming and one in diving. Marta Fiedina won the solo technical, while Kseniia Bailo and Oleksii Sereda came first in the mixed 10m synchro despite practicing only for a week together. The last final brought two medals for Italy, Elena Bertocchi finished atop, Chiara Pellacani came third.



European Aquatics Championships gold medalist Marta Fiedina (top)



Kseniia Bailo and Oleksii Sereda (left)

Ukraine's golden boy **Oleksii Sereda** and championship rookie **Kseniia Bailo** came up with the best effort of the evening, an 80-pointer in the fourth round and their last dive was also good enough to land the title. It's a fairy tale story for the two since they had one week to practice together, after a sudden illness had brought the originally nominated duo down. Sereda, still only 15, but visually stronger than he had been in Kiev 2019 when he had become the youngest ever European champion, continued his winning streak from two years ago.

### Russian swimmer Malyutin takes gold of 2021 European Championship in men's 400m freestyle



Martin Malyutin

MOSCOW, May 17. /TASS/. Russian swimmer Martin Malyutin won gold on Monday in men's 400-meter freestyle competition at the 2021 European Aquatics Championships, which takes place in the Hungarian capital of Budapest between May 10 and 23. The 21-year-old Russian swimmer clocked the distance in 3 minutes and 44.18 seconds, leaving behind Austria's Felix Aubock in 2nd place (3 minutes and 44.63 seconds) and Danas Rapsys of Lithuania with the bronze medal, who clocked the distance with the result of 3 minutes and 45.39 seconds.

### Russian swimmers win 4x200-meter freestyle event at European Championship in Budapest



Mikhail Vekovishchev, Martin Malyutin, Alexander Krasnykh and Aleksandr Shchegolev

The team clocked an aggregate result of 7 minutes 3.48 seconds.

|    | Vessel            | Flag | Class |    | Vessel           | Flag | Class |
|----|-------------------|------|-------|----|------------------|------|-------|
| 1  | Alora             | BMA  | BV    | 19 | Energy Patriot   | IOM  | DNV   |
| 2  | Braverus          | IOM  | BV    | 20 | Energy Progress  | IOM  | DNV   |
| 3  | Citius            | IOM  | BV    | 21 | Energy Puma      | IOM  | DNV   |
| 4  | Colossus          | IOM  | BV    | 22 | Energy Triumph   | IOM  | DNV   |
| 5  | Constantia        | IOM  | BV    | 23 | Furious          | IOM  | BV    |
| 6  | Delphi Ranger     | BMA  | BV    | 24 | Gladiator        | BMA  | BV    |
| 7  | Divinus           | IOM  | BV    | 25 | Helvetia One     | LIB  | BV    |
| 8  | Dynamic Striker   | BMA  | BV    | 26 | Heroic Striker   | BMA  | BV    |
| 9  | Energy Apollo     | IOM  | BV    | 27 | Imperius         | IOM  | BV    |
| 10 | Energy Ariadne    | IOM  | BV    | 28 | Jaguar Max       | BMA  | BV    |
| 11 | Energy Athena     | IOM  | BV    | 29 | Magic Striker    | BMA  | BV    |
| 12 | Energy Centaur    | IOM  | DNV   | 30 | Olympius         | IOM  | BV    |
| 13 | Energy Centurion  | IOM  | DNV   | 31 | Panther Max      | BMA  | BV    |
| 14 | Energy Challenger | IOM  | DNV   | 32 | Puma Max         | BMA  | BV    |
| 15 | Energy Champion   | IOM  | DNV   | 33 | Taurus           | IOM  | BV    |
| 16 | Energy Chancellor | IOM  | DNV   | 34 | Virtuous Striker | BMA  | BV    |
| 17 | Energy Commander  | IOM  | DNV   | 35 | Warrior          | BMA  | BV    |
| 18 | Energy Panther    | IOM  | DNV   |    |                  |      |       |

### EST - New Building Orderbook

| # | Hull Nr | Name            | Expected Delivery Date |
|---|---------|-----------------|------------------------|
| 1 | S-1917  | Energy Artemis  | Nov. 2021              |
| 2 | S-1918  | Energy Afrodite | July 2022              |

### Calling all our seamen onboard:

We are looking for new ideas, themes & articles of your interest (e.g. hobbies, events onboard, favorite recipes, safety concerns, environmental matters, etc.) to include in the company's monthly Newsletter.



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