



ENTERPRISES
SHIPPING &
TRADING S.A.

EST Newsletter



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EST'S DRUG AND ALCOHOL POLICY - ZERO TOLERANCE

The possession, consumption, trafficking and sale of alcohol and/or drug substances aboard is strictly prohibited during the seafarers' employment agreement. All Company's seafarers are subject to testing and screening for drugs and alcohol abuse. The Master has the authority to carry out an alcohol test whenever he suspects that a seafarer is under alcohol influence.

Any seafarer not complying with the Company's Drug and Alcohol Policy **shall be dismissed** immediately and shall not be re-recruited on-board the Company's ships.



*To all our colleagues
onboard and ashore*

During this hopeful time of year,
we wish you and your families
all the **love** and **happiness** that only
Easter can bring !

Sunday, 4th April was the Catholic Easter
Sunday, 2nd May is the Orthodox Easter

EST Newbuilding Program: Delivery of MT Energy Athena

Amidst a challenging period, marked with uncertainty due to the COVID-19 pandemic, Enterprises Shipping & Trading S.A. maintains its bearings and takes delivery of yet another ECO MR2 tanker. The 49,812 DWT oil / chemical tanker Energy Athena {S-1915} was successfully delivered on 17/03/2021 by STX Shipyards in Korea.

Once again, all involved parties co-operated exceptionally achieving a seamless delivery and overcoming the adversities caused by the ongoing pandemic.

In addition to the above, we are pleased to announce that **EST has extended the MR2 new building program at STX by contracting a 5th vessel** with hull number S-1918 and expected delivery in Q3 2022.

Join us in welcoming M/T Energy Athena to our fleet with our best wishes for smooth and prosperous voyages.



kg



“Near Miss Rewarding” Program

We are pleased to announce the seafarers entitled to \$100.00 reward this month.

Key to this is to reward diligent crew members who contribute in a responsible manner to their own safety and that of their fellow workers.

- M/V Delphi Ranger, **Oiler D. Kyrilenko**
- M/T Energy Puma, **Chief Officer Somko Feliks**
- M/V Magic Striker, **2nd Engineer O. Kachayev**



SZ

UNSAFE CONDITION



Hazard:

Objects left on the stair steps of the vertical ladder

Risk:

In case of a probable serious situation the ladder can not be used by the crew

Correction:

All objects were removed from the ladder

UNSAFE CONDITION



Hazard:

SART device is obstructed by Pilot Chair

Risk:

In case of emergency the SART cannot be easily accessible by the crew

Correction:

The crew placed the SART next to the exit on ship's navigation bridge

UNSAFE CONDITION



Hazard:

Light bulb burned out in the corridor

Risk:

Crew injury caused by poor lighting

Correction:

Replace the lamp with a new one

Best Practice by m/v Jaguar Max

We would like to thank **Cadet Bernards S. Marayag Jr. of mv Jaguar Max** for providing us this Best Practice. As already mentioned in previous issues the value of implementing "Best Practices" that can improve safety standards onboard or simplify our daily performance is of great importance especially, when they address matters related to chaotic processes or dangerous work spaces.

Of even greater importance is to share them with the rest of the fleet. As such, we are looking forward to receiving your "Best Practice" that you are implementing onboard through the Near Miss software.

Keep in mind that the company rewards every month, the four most meaningful near misses / best practices.



Fire on the ship is one of the most dangerous situations that the crew can face and immediate actions must be taken by them to extinguish the fire.

On mv Jaguar Max the emergency fire alarm was located behind the CITADEL steel door in the E/R when kept open.

In the event of an emergency, the emergency fire alarm could not be activated immediately.

Therefore, the crew decided to move to the side the Manual fire alarm so that it is accessible at all times, even when the Citadel Door is closed or open, so that it is not hidden. This provides smooth and easy access to anyone as it can be seen easily by the crew and activated faster. In this way, fire isolation can be achieved more efficiently.



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“IDEA” Program: Constantia, Energy Progress Panther Max - Thank You!



We would like to thank once again the crew of the following vessels for submitting the last three months their IDEA as well as the Captains for supporting them to do so:

- M/V CONSTANTIA
- M/T ENERGY PROGRESS
- M/V PANTHER MAX

For those who are about to submit their ideas, please check our issue 133 for more information.

Having in mind that all of us have good ideas for improving our job and the Company as a whole, we anticipate receiving the ideas from all ranks.



SZ

Getting the most from your Sleep

Although as a seaman you might not be in control of your shift patterns, there are some simple and straightforward techniques to help you get **the best** from your sleep. The most important thing is to **allow your body to learn a rhythm of sleep and wakefulness**. Developing good habits around sleep can help you tolerate the times when your sleep is disturbed by shifts or unavoidable disruptions.

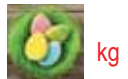
Prepare your cabin for sleep!

Our bodies are naturally aligned to wakefulness during the daylight hours and sleep during the hours of darkness. Using light and dark can help you to get a better sleep even if your shift patterns mean that you have to be alert during the normal night hours. When you want to be awake

and alert use bright lighting – daylight bulbs if they are available or open the curtains and let the sunlight in, during hours of daylight.

Use blackout blinds or curtains in the period before and during sleep and dim the lighting in your cabin. If your cabin still isn't dark enough, try to prepare ahead and bring an eye mask with you on your next voyage. Do what you can to make sure your cabin is a relatively cool and comfortable temperature, is quiet and your bed is comfortable. There may need to be a ship policy of keeping quiet around the cabins for people who are trying to sleep during the day. If noise is a problem, you can try putting on soothing music, white noise or sounds of nature.

Source: seafarerswelfare.org



- Exercise is excellent for a good night's rest. Take exercise during the day, but not late in the evening.



- Take time to relax and wind down from the activities of the day.



- If you are worrying about problems at home or at sea, try writing them down and putting them out of your mind before bed. Make time to address these problems during the day, otherwise they will pop into your mind when you least want them to.



- Do not eat heavy or spicy foods in the few hours before going to bed.



- Have your last tea, coffee or energy drink several hours before you want to sleep.



- Set an alarm at a regular time each day (if your shifts do not vary). Get up when your alarm goes off, regardless of the amount of sleep you have had during the night. This will help teach your body to develop a consistent rhythm.



- If you do not work shifts, avoid taking naps during the daytime.

Promoting Safety On Board - STAY SAFE...

The Near Misses and Best Practices that are received monthly from our ships provide a wealth of safety related information and lessons learnt. Not all can be published in this edition but will be used in future issues. Thank you for your participation!

In this month's issue, the contributors are:

- ☆ 2nd Off D. Zelenskiy of MT Energy Patriot
- ☆ 2nd Eng. V. Pazhitnev of MT Energy Progress
- ☆ Chief Off. Vitaly of MT Energy Progress
- ☆ Chief Off. V. Matyushenko of MV Magic Striker
- ☆ OS N. Saenko of MT Energy Panther
- ☆ OS Melmond L. Elegido of MV Jaguar Max
- ☆ Chief Off. O. Korniyenko of MV Colossus
- ☆ 3rd Eng. I. Kesler of MV Colossus
- ☆ 2nd Eng. S. Gradinar of MV Warrior
- ☆ Chief Off. O. Ustenko of MV Delphi Ranger
- ☆ 2nd Off. S. Shovkun of MT Energy Progress

UNSAFE CONDITION POLLUTION PREVENTION



What happened: During preparation of the fire post on manifold area before discharging operations, the barrel containing oil spill equipment was found rusted.



Can you spot the hazard?



UNSAFE CONDITION



What happened: The outer casing of the intrinsically safe flashlight was found breached.



UNSAFE CONDITION CYBER SECURITY HAZARD



What happened:

The SD card slot was found unprotected, despite the relevant instructions of the cyber security manual.

Continue in page 7

UNSAFE CONDITION Fire / Explosion Hazards

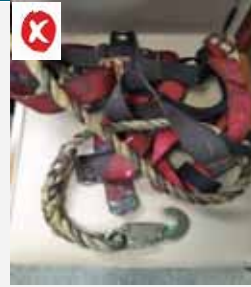


What happened:
An aerosol can was found next to a heat source in the galley.

Aerosols have volatile and highly flammable contents and must NOT be used or placed near a heat source or naked flame even when empty.



UNSAFE CONDITION



What happened:

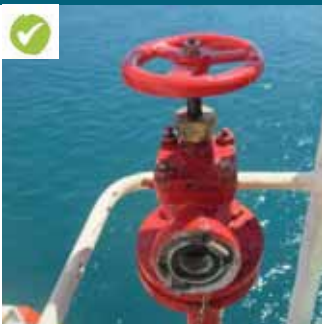
Before starting the preparation of the combination ladder, it was observed that the hook attached to the harness lifeline had been painted over. As a result, the hook mechanism was stuck and could not be properly fixed.



UNSAFE CONDITIONS: Blocked Ladders, Stairways and Passage ways



UNSAFE CONDITION Fire Safety

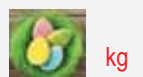


What happened: The handle wheel of the fire hydrant on Deck B, STBD was missing.
Means of fire fighting equipment must always be ready for immediate operation.

UNSAFE CONDITION



What happened: Fixing wire for coupling of fire hose not covered with protective layer in order to avoid injury during use.



Ships with Zero PSC Deficiencies

No.	Ship	Captain	Date	Port	Country
1	Energy Commander	Andrey Dvoretzkiy	15/03/2021	Yanbu	SAUDI ARABIA
2	Divinus	Oleksandr Vydrich	24/03/2021	Dangjin	SOUTH KOREA

IMPORTANT REMINDER!

The following N/C was issued during an Internal ISM Audit: "Safety precautions were not followed when using welding equipment. The hoses were connected by re-usable worn drive clamps."

VIQ5.26: Is gas welding and burning equipment in good order and spare oxygen and acetylene cylinders stored apart in a well-ventilated location outside of the accommodation and engine room?

The guidance notes make reference to the British Compressed Gases Association Code of Practice CP7 for safe use of oxy-acetylene equipment. CP7 section 6.2 further states "Correct hose connections, properly fitted and tested to BS EN 1256 (43) and retained by suitable clips or ferrules, are essential. **Re-usable worm-drive clamps shall not be used.**"



Hose ferrules – Correct.



Permanently attached bandit clips – Correct.



Re-usable worm-drive clamps

Incorrect



Hose ferrules – Correct.



Permanently attached hose clamps – Correct.



Lessons Learned: All Electric Wiring should be Kept Clean and Dry

Marine Safety Forum released a Safety Alert focusing on a case where during routine maintenance onboard vessel, crew discovered an exposed electrical cable.

The incident

The vessel's Electro Technical Officer was engaged in routine maintenance within a bridge storage locker and discovered an exposed electrical cable.

As explained, the cable was from a Fluorescent tube light which had been fitted in the locker, this cable was left uninsulated, which presented a potential for electrical shock and/or a fire hazard.

Wires are covered in casings that resist electricity, and when these casings fail, the exposed wire can cause damage to electronic devices. At best, devices will not get as much power as they should. The device may perform more slowly, and if a screen is involved, it might appear dimmer. At worst, damaged wiring may generate a power surge that can damage a device.

A tangled cobweb of cables, alongside a bare or damaged wire constitutes a danger. Not only is there a severe fire risk, but death from live electric wires is not uncommon.

Lessons learned

All Chief Engineering Officer's / E.T.O's should ensure that compartments, which are frequently opened, used for storage, have heavy human traffic, (such as on/off switches for equipment), or which have breakers within, that are often removed or switched off for isolation purposes, are checked for the condition of the cables. Outside electrical cabinets, which are more prone to wear, and tear should be checked on a regular basis.



The Following checks should be carried out as actions to prevent this sort of incident from happening:

- Check all areas where wires meet other moving objects (i.e. Under bridge consoles)
- Check all areas where wires connections are frequently adjusted (i.e. DP systems which are disconnected for trials etc.)
- Check where there is heavy human traffic (i.e. Consoles with on / off switches, consoles where breakers are frequently being checked, changed out, or removed for isolation reasons)
- Areas which have had work recently done on them, adjustments, retrofits, etc.
- Outside electrical compartments, which may be more susceptible to damage, wear, and tear.

“All electrical appliances should be firmly secured and served by permanent connections whenever possible. All electric wiring should be well maintained and kept clean and dry. “

Source: <https://safety4sea.com>



Egypt's Suez Canal Blocked by Huge Container Ship



A giant container ship the length of four football pitches was grounded and became wedged across Egypt's Suez Canal, blocking one of the world's busiest trade routes on March 23. Hundreds of vessels were stuck, waiting for specialist rescue teams to free the 400m-long ship, which was allegedly knocked off course by strong winds.

Egypt has reopened the canal's older channel to divert some traffic until the grounded ship can move again. The blockage sent oil prices climbing on international markets. About 12% of global trade passes through the Suez Canal, which connects the

Mediterranean to the Red Sea and provides the shortest sea link between Asia and Europe.

The Ever Given, registered in Panama, was bound for the port city of Rotterdam in the Netherlands from China and was passing northwards through the canal on its way to the Mediterranean. At 400m long and 59m wide, the ship has blocked the path of other vessels which were trapped in lines in both directions.

A fleet of tugs using cables or placing themselves directly alongside the stricken ship,

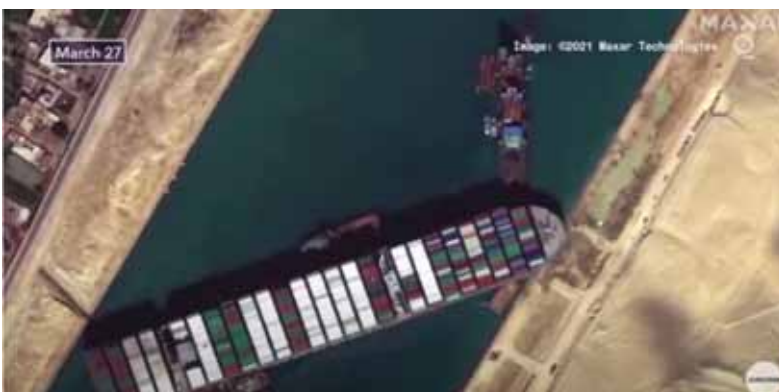
worked for many days to free it. As tugs struggled in their attempts to move the ship through the week, dredgers

were brought in to dig mud and sand from under the bow and stern of the ship. The combination of the tug boats and dredging equipment finally dislodged the ship 5 days later.

After days of being stranded, the backlog that had built up during the blockage stopped the Suez Canal Authority informed. Specifically, the last 61 ships, out of 422 ships that were queuing, passed through the canal on April 3.

What is more, an SCA investigation has also started to find out what caused the vessel to run aground in the canal and block the waterway for six days, the canal authority's chairman, Osama Rabie announced. According to Mr. Rabie, the investigation is not going to last long, and the results will be announced soon.

Source: [bbc](#), [reuters](#), [safety4sea](#)



Malaysian Ship Detentions by the Malaysian Maritime Enforcement Agency



Malaysian law requires all vessels to notify Malaysia's Director of Marine for specific activities in Malaysian waters as specified in Malaysia Shipping Notice (MSN) 5/2014.

However MSN 5/2014 does not define the term "Malaysian waters", and the industry generally interprets "Malaysian waters" as Malaysia's territorial limit (i.e. 12nm).

Most recently, the common offences where ships are being detained in Malaysian waters include "anchoring without approval" and "ship-to-ship transfer of bunkers without approval". Since 2017, 176 ships have been charged with levied fines totalling RM11.48 million (approx. \$2.75m).

It is reported that since 24 March 2021, 31 ships have been detained by the MMEA under 'Operation Jangkar Haram' for failing to obtain the relevant permission to anchor in the eastern waters of Johor (South China Sea).

Under local law, Malaysian territorial waters are deemed to be 12 nautical miles offshore. However, it has been reported that the MMEA appears to be using territorial limits prescribed by a 1979 chart.

In the waters of Southern Johor, often inaccurately referred to as Singapore OPL East (which the MMEA does not recognise as a term), these territorial limits are as much as 60 nautical miles off the coast of mainland Malaysia, but are within 12 nautical miles of islands off East Johor claimed by Malaysia.

Accordingly, when a vessel waits at Singapore Eastern OPL, or Tompok Utara as the Malaysian authorities call it, prior approval of the MMEA must be obtained, failing which a vessel will offend section 491B of the MSO.

Should intend to anchor in the area, it is recommended Masters 'familiarise themselves with the issues outlined above and give at least 24 hours' notice to the Director of Marine before any intended anchoring. If in doubt, consult your local agent or the club's P&I correspondent.



Body Workout

ACHILLES

DAREBEE WORKOUT @ darebee.com

LEVEL I 3 sets **LEVEL II** 5 sets **LEVEL III** 7 sets **REST** up to 2 minutes



20 high knees



20 jumping lunges



20 calf raises



20-count calf raises hold



20 combos

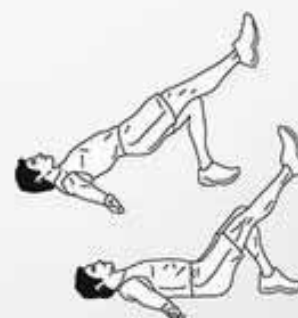
knee strike + elbow strike



10 knee-to-elbow crunches



10 get-ups



10 one legged bridges



Bafta Film Awards 2021



This year's Bafta Film Awards have been handed out at the Royal Albert Hall in London. Here are some of the winners:

Best film:

Nomadland

Outstanding British film:

Promising Young Woman

Leading actress:

Frances McDormand - Nomadland

Leading actor:

Sir Anthony Hopkins - The Father

Supporting actress:

Yuh-Jung Yoon - Minari

Supporting actor:

Daniel Kaluuya - Judas and the Black Messiah

Director:

Nomadland - Chloé Zhao

Documentary:

My Octopus Teacher

Original screenplay:

Promising Young Woman - Emerald Fennell

Cinematography:

Nomadland - Joshua James Richards

Special visual effects:

Tenet - Scott Fisher, Andrew Jackson, Andrew Lockley

With the nominees on Zoom, only a few stars in attendance to open the envelopes and a Royal Albert Hall as empty as your local picturehouse, it definitely wasn't business as usual at this year's British Academy Film Awards.



Bafta Film Awards: Red Carpet

The biggest night in the British film calendar, the Bafta Awards, has taken place in London.

Because of Covid, the winners and nominees weren't at the Royal Albert Hall in person as usual - they appeared virtually. But a host of stars were at the venue to announce the winners.



The presenters included actress Phoebe Dynevor, who has shot to fame in the past 12 months thanks to her role in Netflix hit *Bridgerton*. (Up)

Priyanka Chopra Jones and husband Nick Jonas were among the few who didn't have to adhere to social distancing rules. (Up)



Gugu Mbatha-Raw returned six years after being nominated for the Bafta rising star award. (Up)



Sophie Cookson is best known for the *Kingsman* films and *The Trial of Christine Keeler*. (Left)



Pedro Pascal has appeared in *Kingsman: The Golden Circle*, as well as *Wonder Woman 1984* and such TV shows as *The Mandalorian* and *Game of Thrones*. (Up)

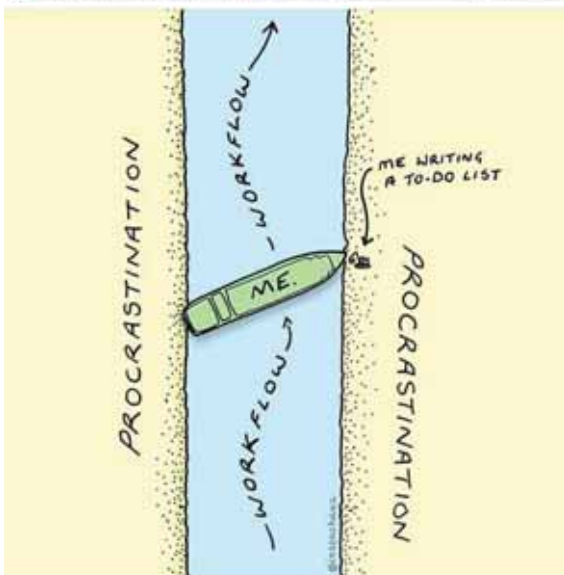


Left-right: Tom Hiddleston, James McAvoy and Richard E Grant.



JOKES: The best Suez Canal memes inspired by the grounded container ship Ever Given

the situation in the Suez Canal has escalated



Tension rises over new attempt to re-float ship in
#SuezCanal #EVERGIVEN #oott



FDA Stops Use of AstraZeneca

The Food and Drug Administration (FDA) has advised the Department of Health (DoH) to stop giving the AZD1222 vaccine of British-Swedish drugmaker AstraZeneca to persons below 60 years old. The recommendation comes after the European Medicines Agency (EMA) announced on Wednesday that it found “possible links” between the vaccine and blood clots in 16 cases across Europe. The EMA pointed out that the clots were a “very rare side effect” of the vaccine and that taking the vaccine remained beneficial.

FDA Director-General Rolando Enrique Domingo said the National Adverse Effects Following Immunization Committee has not received reports of possible platelet and thrombotic issues among those who had been inoculated with the vaccine in the country. However, Domingo said the FDA advised the Health department to restrict the use of the vaccine in light of the EMA warning. “We have asked the DoH that if there are remaining AstraZeneca vaccines, let’s suspend its use on people below 60 years old so we can get clearer evidence and clearer guidelines from the WHO,” Domingo said in a briefing on Thursday.

He added that those who took the first dose and did not experience any adverse reaction will be allowed to take the second dose. “If nothing happened after the first dose then there should be no problem on the second dose. This is very rare, but it will be included in the things to watch out for so we have to review the data and prepare before the next batch of vaccines come,” Domingo told reporters in a Viber message. “I want to emphasize that this temporary suspension does not mean that the vaccine is unsafe or ineffective — it just means that we are taking precautionary measures to ensure the safety of every Filipino. We continue to underscore that the benefits of vaccination continue to outweigh the risks and we urge everyone to get vaccinated when it’s their turn,” he added.

The country expects to receive more than 900,000 doses of the AZD1222 vaccine through the Covax Facility in May as well as additional doses procured through the private sector in the third quarter of the year.



A number of nations have suspended the use of AstraZeneca’s vaccine for younger populations after it was earlier banned outright in several places over blood clot scares.

The United Kingdom on Wednesday said it would adopt new medical advice to offer most people under 30 an alternative to AstraZeneca if possible after reporting 19 deaths from clots among people who received the shot. The EMA examined 86 blood clotting cases, 18 of which were fatal, out of around 25 million people in Europe who received the AstraZeneca vaccine. Most of the cases were in women aged under 60.

But EMA chief Emer Cooke said no particular risk factor had been identified and the clots might be linked to an immune response to the vaccine. “The benefits of the AstraZeneca vaccine in preventing Covid-19 overall outweigh the risk of side effects,” she told a news conference. “It is saving lives.”

The World Health Organization’s vaccine experts on Wednesday echoed EMA’s findings, saying a causal relationship between the vaccine and blood clots was “plausible but is not confirmed.” AstraZeneca itself said two studies by British and European regulators “reaffirmed” that the benefits of its vaccine “far outweigh the risks.”

Canada, France, Germany, Italy, Belgium, Spain and the Netherlands are among countries not recommending the shot for younger people.



Fukushima: Japan announces it will dump contaminated water into sea



Japan has announced it will release more than 1m tonnes of contaminated water from the wrecked Fukushima nuclear power plant into the sea, a decision that has angered neighbouring countries, including China, and local fishers.

Work to release the diluted water will begin in about two years, the government said, with the entire process expected to take decades.

China denounced the plan as "extremely irresponsible", and accused Japan of reaching the decision "without regard for domestic and foreign doubts and opposition".

Italy's Draghi accuses 'dictator' Erdogan, Turkey condemns the 'ugly' remarks



Italian Prime Minister Mario Draghi on Thursday (8 April) accused Turkish President Recep Tayyip Erdoğan of humiliating European Commission President Ursula von der Leyen this week and said it is important to be frank with "dictators", drawing condemnation from Ankara.

Von der Leyen and European Council President Charles Michel met Erdoğan in Ankara on Tuesday 6 April. The Commission chief was clearly taken aback when the two men sat on the only two chairs prepared, relegating her to an adjacent sofa.

"I absolutely do not agree with Erdoğan's behavior towards President von der Leyen. ... I think it was not appropriate behavior and I was very sorry for the humiliation von der Leyen had to suffer," Draghi told reporters.

"With these, let's call them what they are – dictators – with whom one nonetheless has to coordinate, one has to be frank when expressing different visions and opinions," he added.

Earlier on Thursday, Çavuşoğlu said that the seating at the meeting was arranged in line with the bloc's demands and international protocol and that Turkey was being subject to ugly and "unjust accusations".

EU seeks clarification from J&J on delays in Covid-19 vaccines delivery



The company said it would delay the rollout of its vaccine in Europe and was reviewing with European health authorities cases of extremely rare blood clots in people after they received the shot.

European Commission is seeking clarification from Johnson & Johnson about its "completely unexpected" announcement of delays in deliveries of COVID-19 vaccines to the European Union, an EU official told Reuters on Tuesday.

The company had confirmed at a meeting on Friday that it would aim to deliver the contracted 55 million doses to the EU by the end of June, the official said.

J&J did not immediately reply to questions on whether the delay could affect delivery targets in the EU.

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Duke of Edinburgh, Prince Philip, dies aged 99



The Duke of Edinburgh, the Queen's "strength and stay" for 73 years, has died aged 99.

A statement from Buckingham Palace on Friday said: "It is with deep sorrow that Her Majesty The Queen announces the death of her beloved husband, His Royal Highness The Prince Philip, Duke of Edinburgh. His Royal Highness passed away peacefully this morning at Windsor Castle. Further announcements will be made in due course. The Royal Family join with people around the world in mourning his loss."

He was the longest serving consort in British history, and was only months away from his 100th birthday in June.

An official notice of his death was posted on the railings of Buckingham Palace, as is traditional, but was being removed shortly afterwards to avoid crowds gathering.

Reuters names the first woman as its next editor-in-chief

Reuters News has named one of its top editors, Alessandra Galloni, as its next editor-in-chief, the first woman to lead the globe-spanning news agency in its 170-year history. A native of Rome, Galloni, 47, will



replace Stephen J. Adler, who is retiring this month after leading the newsroom for the past decade. Under his leadership, Reuters has received hundreds of journalism

awards, including seven Pulitzer Prizes, the industry's highest honor.

Greece to lift quarantine rule for more travelers from next week

ATHENS (Reuters) - Greece plans to lift quarantine restrictions from next week



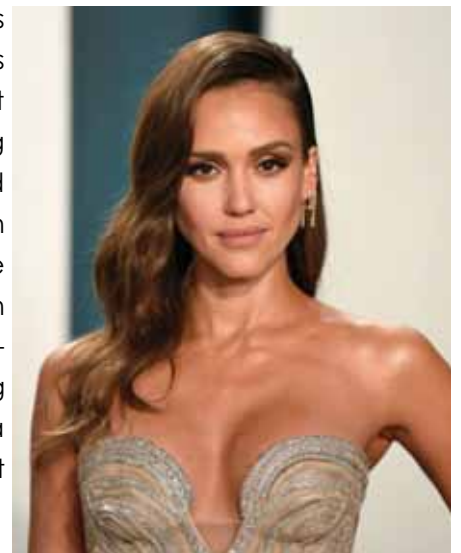
for travellers from the EU and 5 other countries who have been vaccinated or test negative for COVID-19, a senior government official said on Wednesday.

Last month, the country lifted a one-week quarantine rule for Israeli travellers who have been inoculated and test negative.

"We will gradually lift the restrictions at the beginning of next week ahead of the opening on May 14," a senior tourism ministry official told Reuters on condition of anonymity. The official said citizens from the EU, the US, Britain, Serbia, Israel and the UAE will be allowed to travel to Greece. Passengers from those countries will not be quarantined, as long as they prove that they have received two doses of a COVID-19 vaccine or show a negative PCR test carried out 72 hours prior to their arrival, the official said, adding that the tourists would be subject to domestic lockdown restrictions.

Jessica Alba's Honest Company files for IPO

Jessica Alba's eco-conscious baby product company is filing to go public and could be worth some \$3 bln. The natural health and wellness sector is fast growing and it could be a tempting target for larger peers.



CHAMPIONS LEAGUE

Kylian Mbappé double gives PSG thrilling win at Bayern Munich



Kylian Mbappe scored two goals in Wednesday's quarter-final match to again climb the list of the top scorers in this year's UEFA Champions League.

Paris Saint-Germain and Bayern Munich battled in a rematch of last year's final, and it was just as exciting as anticipated with PSG stunning the reigning champs with a 3-2 victory.

Chelsea earned a 2-0 win over FC Porto to grab an early lead in the two-legged tie.

Vinicius double gives Real Madrid leg up on Liverpool in Champions League



Twenty-year-old Vinicius Junior scored a brace as Real Madrid defeated Liverpool 3-1 in the first leg of their Champions League quarterfinal tie in Madrid on Tuesday.

The Brazil international's goals in the 27th and 65th minute sandwiched strikes from Marco Asensio and Mohamed Salah to hand Zinedine Zidane's men a sizable advantage heading into the return leg next week.

Manchester City head into the second-leg of this quarter-final tie with a one goal lead (2-1 Borussia Dortmund), as the better team came out the victors at the Etihad Stadium.

FRENCH OPEN

2021 French Open postponed by a week due to Covid-19 pandemic



This year's French Open tennis tournament has been postponed by a week due to the Covid-19 pandemic, the French Tennis Federation (FFT) announced on Thursday. The second grand slam of the year was originally scheduled to take place from Monday 17 May to Sunday 6 June.

However, France has recently entered a new lockdown with a series new national restrictions in place as the country fights rising coronavirus cases.



Vessels Under EST Management

	Vessel	Flag	Class		Vessel	Flag	Class
1	Alora	BMA	BV	18	Energy Patriot	IOM	DNV
2	Braverus	IOM	BV	19	Energy Progress	IOM	DNV
3	Citius	IOM	BV	20	Energy Puma	IOM	DNV
4	Colossus	IOM	BV	21	Energy Triumph	IOM	DNV
5	Constantia	IOM	BV	22	Furious	IOM	BV
6	Delphi Ranger	BMA	BV	23	Gladiator	BMA	BV
7	Divinus	IOM	BV	24	Helvetia One	LIB	BV
8	Dynamic Striker	BMA	BV	25	Heroic Striker	BMA	BV
9	Energy Apollo	IOM	BV	26	Imperius	IOM	BV
10	Energy Athena	IOM	BV	27	Jaguar Max	BMA	BV
11	Energy Centaur	IOM	DNV	28	Magic Striker	BMA	BV
12	Energy Centurion	IOM	DNV	29	Olympius	IOM	BV
13	Energy Challenger	IOM	DNV	30	Panther Max	BMA	BV
14	Energy Champion	IOM	DNV	31	Puma Max	BMA	BV
15	Energy Chancellor	IOM	DNV	32	Taurus	IOM	BV
16	Energy Commander	IOM	DNV	33	Virtuous Striker	BMA	BV
17	Energy Panther	IOM	DNV	34	Warrior	BMA	BV

Calling all our seamen onboard:

We are looking for new ideas, themes & articles of your interest (e.g. hobbies, events onboard, favorite recipes, safety concerns, environmental matters, etc.) to include in the company's monthly Newsletter.

If you'd like to be featured in the next issue, please email ism@ensh.com.

EST - New Building Orderbook

#	Hull Nr	Name	Expected Delivery Date
1	S-1916	Energy Ariadne	Apr. 2021
2	S-1917	Energy Artemis	Nov. 2021
3	S-1918	Energy Afrodite	Nov. 2022



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